

BANKMED

ANNEXURE B4: BANKMED TRADITIONAL PLAN

Schedule of benefits with effect from 1 January 2024

STATUTORY PRESCRIBED MINIMUM BENEFITS

Notwithstanding any provisions to the contrary in this schedule, the Scheme will fund:

- 100% of the diagnosis, treatment and care costs of the Statutory Prescribed Minimum Benefits (PMBs), subject to PMB regulations, if those services are obtained from a Designated Service Provider (DSP) in South Africa; or
 - the relevant Scheme Rate for the diagnosis, treatment and care costs of the Statutory Prescribed Minimum Benefits if a beneficiary voluntarily accesses PMBs via a non-DSP in South Africa, when provision is made for a DSP according to this schedule; or
 - 100% of cost for involuntary use of a non-DSP in South Africa, subject to PMB regulations

Pre-authorisation, medicine formularies and Scheme protocols (previously known as “Care Plans” and now known as “Baskets of Care”) may apply

Diagnosis costs are only regarded as a PMB if the result of diagnostic investigations confirms a PMB diagnosis

When insured limits are specified in this schedule, the limit will first be utilised for the payment of the relevant claims, and thereafter continued funding will apply for PMB claims only, subject to PMB Regulations

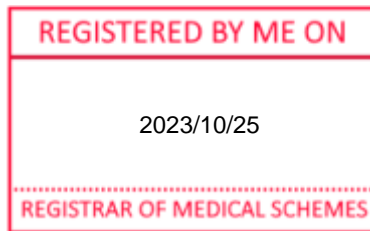
Where a benefit is indicated as “no benefit” in this schedule, insured benefits shall nevertheless be provided for PMBs in South Africa, subject to PMB regulations

Additional arrangements pertaining to PMBs (subject to PMB regulations) are set out in the Preamble to Annexure B and in Annexure D (Claims Procedure and General Provisions Regarding Benefits)

STATUTORY PRESCRIBED MINIMUM BENEFITS

PRO RATING OF BENEFITS FOR MEMBERS JOINING DURING THE COURSE OF A FINANCIAL YEAR

Beneficiaries admitted during the course of a financial year are entitled to the benefits set out in this schedule, with the maximum benefits being adjusted in proportion to the period of membership calculated from the date of admission to the end of the financial year (rule 16.1.5), except for stated wellness and preventative care benefits, which shall not be subject to pro-ration



HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
OVERALL ANNUAL LIMIT		Unlimited	This plan has no overall annual limit.
HOSPITAL NETWORK/DSPs	<p>Hospital Network DSPs are applicable on this plan. Reduced benefits apply for accommodation and associated fees charged by non-DSP hospitals, subject to PMB regulations.</p> <p>Hospital Network DSPs on this plan are:</p> <ul style="list-style-type: none"> Contracted private hospitals/facilities (restricted network) as communicated to members from time to time. 		
<p>HOSPITALISATION</p> <p>Hospital Network DSPs Deductibles apply to a <u>specified list</u> of conditions/procedures as set out in Appendix 3</p> <p>All admissions at network DSP</p> <p>Other hospitals (non-DSPs)</p> <p>PMB admission: involuntary use of non-DSP (deductible does not apply)</p> <p>PMB admission: voluntary use of non-DSP (deductible applies to all admissions)</p> <p>Non-PMB admission (deductible applies to all admissions)</p>	<p>100% of cost</p> <p>100% of cost</p> <p>100% of Scheme Rate</p> <p>100% of Scheme Rate</p>	<p>Unlimited (at general ward rates)</p> <p>Unlimited (at general ward rates)</p> <p>Unlimited (at general ward rates)</p> <p>Unlimited (at general ward rates)</p>	<p>Benefits subject to pre-authorisation and PMB regulations. Emergencies must be authorised within 24 hours of admission.</p> <div style="border: 2px solid red; padding: 10px; text-align: center;"> <p>REGISTERED BY ME ON</p> <p>2023/10/25</p> <p>.....</p> <p>REGISTRAR OF MEDICAL SCHEMES</p> </div>
<p>Deductibles payable on admission Healthcare services reflected in Appendix 3</p>	<p>Beneficiary responsible for a Deductible in respect of the hospital account for certain hospital events, unless the admission is related to a Prescribed Minimum Benefit diagnosis typically as a result of an emergency. The Deductible will apply regardless of the whether the procedure attracting the deductible was the primary reason for the admission or not.</p>		

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<p>Benefits provided on admission to:</p> <p>1. Hospital Network DSPs</p> <ul style="list-style-type: none"> • Ward Fees (general ward rate) • ICU and high care unit fees • Theatre fees • Ward and theatre drugs, dressings, materials and equipment consumed / utilised in hospital • Outpatient services • Recovery beds <p>• Ward and theatre drugs, dressings, materials, equipment and disposables consumed / utilised in the theatre (at hospital network DSPs)</p> <p>2. Other hospitals (non-DSPs)</p> <ul style="list-style-type: none"> • Ward Fees (general ward rate) • ICU and high care unit fees • Theatre fees • Outpatient services • Recovery beds <p>• Ward and theatre drugs, dressings, materials, equipment and disposables consumed / utilised in hospital (at non-DSP hospitals)</p> <p>3. Unattached Theatre Units (Private)</p> <ul style="list-style-type: none"> • Theatre fees • Recovery beds <p>• Ward and theatre drugs, dressings, materials, equipment and disposables consumed / utilised in hospital (at unattached theatre unit)</p>	<p>100% of cost</p> <div style="border: 2px solid red; padding: 5px; text-align: center; margin: 5px 0;"> <p>REGISTERED BY ME ON</p> <p>2023/10/25</p> <p>.....</p> <p>REGISTRAR OF MEDICAL SCHEMES</p> </div> <p>100% of cost</p> <p>100% of Scheme Rate</p> <p>100% of Scheme Rate</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p>	<p>Unlimited</p> <p>Unlimited</p> <p>Unlimited</p> <p>Unlimited</p> <p>Unlimited</p> <p>Unlimited</p>	<p>In accordance with a per diem or negotiated rate.</p> <p>Facility fees charged by hospitals for outpatient visits that do not result in authorised admissions to be paid from out of hospital specialist consultations and procedures limit.</p> <p>PMBs limited to 100% of Scheme Rate for non-DSPs, subject to PMB regulations.</p> <p>Facility fees charged by hospitals for outpatient visits that do not result in authorised admissions to be paid from out of hospital specialist consultations and procedures limit.</p> <p>The unattached theatre must be registered with the Department of Health.</p>

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
OUTPATIENT CONSULTATIONS WITH GPs/SPECIALISTS AT HOSPITAL EMERGENCY ROOMS AND OUTPATIENT UNITS	See General Practitioners/ Specialists: out of hospital consultations in rooms	See General Practitioners/ Specialists: out of hospital consultations in rooms	Regarded as out of hospital GP/Specialist consultations in rooms, unless resulting in an authorised hospital admission.
HOME-BASED HEALTHCARE For clinically appropriate chronic and acute treatment and conditions, where treatment is possible at home	100% of Scheme Rate	Subject to the Scheme's preferred provider (where applicable) and the treatment meeting the Scheme's treatment guidelines and clinical and benefit criteria.	Subject to pre-authorisation and PMB regulations. Basket of care as set by the Scheme.
TO TAKE OUT DRUGS	100% of cost	Limited to PMBs and a maximum of 7 days' supply per admission	Benefit for medicine supplied by the hospital when a patient is discharged. If procedure took place in a day surgery facility, a maximum of a seven-day supply will be funded from Insured Benefits if obtained from a retail pharmacy on the date of discharge only.
	<div style="border: 1px solid red; padding: 5px; text-align: center;"> <p style="color: red; margin: 0;">REGISTERED BY ME ON</p> <p style="margin: 0;">2023/10/25</p> <hr style="border-top: 1px dashed red;"/> <p style="color: red; margin: 0;">REGISTRAR OF MEDICAL SCHEMES</p> </div>		
AMBULANCE SERVICES	100% of cost via the Scheme's DSP 100% of Scheme Rate through a non-DSP	Unlimited	Subject to pre-authorisation and PMB regulations. No benefit for services outside the borders of South Africa.
BLOOD TRANSFUSIONS Blood products, materials, apparatus and operator's fees	100% of cost	Unlimited	Subject to pre-authorisation and PMB regulations.
ORGAN AND BONE MARROW TRANSPLANTS Hospitalisation, and organ and patient preparation Medication (in and out of hospital)	Benefits as for hospitalisation	Benefits as for hospitalisation	Subject to pre-authorisation and PMB regulations. The organ recipient must be a Bankmed beneficiary for benefits to apply. Benefits for Specialists will be as specified elsewhere this schedule. No benefit for travelling and non-hospital accommodation expenses.
<ul style="list-style-type: none"> • Medication via designated pharmacy (DSP) 	100% of cost	Unlimited	
<ul style="list-style-type: none"> • Medication via non-DSP (voluntary use of non-DSP) 	80% of Scheme Medicine Reference Price plus dispensing fee	Unlimited	

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<ul style="list-style-type: none"> Medication via non-DSP (involuntary use of non-DSP) <p>Harvesting and transporting of organs, and other donor costs</p>	<p>100% of cost</p> <p>100% of cost</p>	<p>Unlimited</p> <p>Unlimited</p>	
<p>ONCOLOGY (CHEMOTHERAPY AND RADIOTHERAPY)</p> <p>In and out of hospital consultations, treatment and materials</p> <div data-bbox="344 587 714 810" style="border: 2px solid red; padding: 5px; text-align: center; margin: 10px 0;"> <p style="color: red; font-weight: bold; font-size: 1.2em;">REGISTERED BY ME ON</p> <p style="font-size: 1.2em;">2023/10/25</p> <hr style="border-top: 1px dashed red;"/> <p style="color: red; font-weight: bold; font-size: 1.2em;">REGISTRAR OF MEDICAL SCHEMES</p> </div> <p>Associated Medicine/Drugs</p> <p>For medicines administered in-rooms: (Injectable and infusional chemotherapy)</p> <ul style="list-style-type: none"> Medication via the Oncology Pharmacy Designated Service Provider (DSP) (Courier pharmacy) Medication via a non-DSP (voluntary use of non-DSP) Medication via a non-DSP (involuntary use of non-DSP) 	<p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost</p> <p>80% of Scheme Medicine Reference Price plus dispensing fee</p> <p>100% of cost</p>	<p>Unlimited</p> <p>Unlimited</p> <p>Unlimited</p> <p>Unlimited</p>	<p>Subject to:</p> <ul style="list-style-type: none"> - Pre-authorisation and PMB regulations - Evidence-based medicine, cost-effectiveness and affordability - Scheme's oncology baskets of care, formularies and/or protocols - Meeting Scheme's Clinical Entry Criteria - Peer-review by external panel of specialists as appointed by the Scheme <p>Subject to:</p> <ul style="list-style-type: none"> - Pre-authorisation and PMB regulations - Evidence-based medicine, cost-effectiveness and affordability - Scheme's oncology baskets of care, formularies and/or protocols - Meeting Scheme's Clinical Entry Criteria - Peer-review by external panel of specialists as appointed by the Scheme - Medication must be dispensed through a designated service provider. Where a non-network provider is used, funding will be approved up to a maximum of 80% of the Scheme Medicine Reference price and the

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<p>Excludes medicines administered in-hospital and medicines administered in-rooms by a dispensing provider.</p> <p>For medicines scripted and dispensed at a retail pharmacy (scripted by treating provider): (Supportive medication, oral chemotherapy and hormonal therapy)</p> <ul style="list-style-type: none"> Medication via the Oncology Pharmacy Designated Service Provider (DSP) Medication via a non-DSP (voluntary use of non-DSP) Medication via a non-DSP (involuntary use of non-DSP) 	<p>100% of cost</p> <p>80% of Scheme Medicine Reference Price plus dispensing fee</p> <p>100% of cost</p>	<p>Unlimited</p> <p>Unlimited</p> <p>Unlimited</p>	<p>balance will be for the member's own pocket</p> <p>- Generic substitution and/or switching to cost-effective therapeutic equivalents (drug utilisation review)</p> <div data-bbox="1576 424 1948 651" style="border: 2px solid red; padding: 5px; text-align: center;"> <p>REGISTERED BY ME ON</p> <p>2023/10/25</p> <p>.....</p> <p>REGISTRAR OF MEDICAL SCHEMES</p> </div>
<p>RENAL DIALYSIS</p> <p>Procedures and Treatment</p> <p>Associated Medicine/Drugs</p> <ul style="list-style-type: none"> Medication via designated courier pharmacy (DSP) Medication via non-DSP (voluntary use of non-DSP) Medication via non-DSP (involuntary use of non-DSP) 	<p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost</p> <p>80% of Scheme Medicine Reference Price plus dispensing fee</p> <p>100% of cost</p>	<p>Unlimited</p> <p>Unlimited</p> <p>Unlimited</p> <p>Unlimited</p>	<p>Subject to pre-authorisation and PMB regulations.</p>

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<p>WORLD HEALTH ORGANISATION (WHO) RECOGNISED DISEASE OUTBREAKS Benefit for out-of-hospital management and appropriate supportive treatment of global World Health Organisation (WHO) recognised disease outbreaks: Out-of-hospital healthcare services related to COVID-19:</p> <ul style="list-style-type: none"> - Screening consultation with a nurse or GP - Defined basket of pathology - Defined basket of x-rays and scans - Consultations with a nurse or GP - Supportive treatment - Contact tracing 	<p>Over and above the PMB requirements.</p> <p>Up to a maximum of 100% of the Scheme Rate.</p> <p>Cover for testing is subject to NICD protocol and referral.</p> <p>Subject to the Scheme's preferred provider (where applicable), protocols and the condition and treatment meeting the Scheme's entry criteria and guidelines.</p>	<p>Up to a 100% of the Scheme Rate for registered healthcare providers.</p>	<p>Basket of care as set by the Scheme</p> <p>Out-of-hospital healthcare services related to COVID-19:</p> <ul style="list-style-type: none"> - Screening consultation with a nurse or GP: unlimited - Defined basket of pathology: unlimited tests per person per year subject to appropriate clinical referral for testing for registered healthcare providers except where covered as PMB.
<p>PREGNANCY AND CHILDBIRTH</p> <p>Hospitalisation and associated in hospital services (hospital network rules apply)</p> <p>Midwife care and delivery</p> <p>Birth facilities</p> <p>GPs and Specialists</p>	<p>As specified elsewhere in this schedule</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>As specified elsewhere in this schedule</p>	<p>As specified elsewhere in this schedule</p> <p>Unlimited</p> <p>Unlimited (Cost of disposables limited to R1 375 per case)</p> <p>As specified elsewhere in this schedule</p>	<p>Subject to pre-authorisation. Benefits for hospitalisation and other in hospital services as specified elsewhere in this schedule.</p> <p>Subject to pre-authorisation and PMB regulations.</p> <p>Subject to pre-authorisation. Only available where hospital services are not used (except for registered active birthing units).</p> <p>Benefits for General Practitioners and Specialists as specified elsewhere in this schedule.</p>

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<p>Radiology and Pathology</p> <p>Additional insured benefits at or subject to referral by a Bankmed Network GP and subject to registration on the Scheme's Maternity Programme (Baby and Me):</p> <ul style="list-style-type: none"> • 6 ante-natal consultations per pregnancy • 3 x 2D ultrasounds per pregnancy • R1 690 per pregnancy for ante-natal and post-natal classes • Additional pathology benefits subject to Baby and Me Basket of Care 	<p>As specified elsewhere in this schedule</p> <p>100% of cost for DSP 100% of Scheme Rate for non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p>	<p>As specified elsewhere in this schedule</p> <p>As specified</p> <p>As specified</p> <p>As specified</p> <p>As specified</p>	<p>Benefits for Radiology and Pathology specified elsewhere in this schedule.</p> <p>Additional insured consultations covered at the applicable rate for General Practitioner/ Specialist consultations in rooms as specified elsewhere in this schedule.</p> <p>Additional insured pathology subject to Care Plan.</p>
<p>ALTERNATIVES TO HOSPITALISATION</p> <p>Frail Care Facilities</p>	<p>100% of cost</p>	<p>R550 per beneficiary per day</p>	<p>Frail care facilities: Subject to pre- authorisation. Available to permanently chronic sick or geriatric patients for accommodation in a registered nursing home or hospital.</p> <p>No Benefits for accommodation in old age homes.</p> <p>Available as alternative to home nursing not in addition hereto.</p>

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HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<p>Step-down facilities</p> <div data-bbox="349 260 721 488" style="border: 2px solid red; padding: 5px; margin: 10px auto; width: fit-content;"> <p style="text-align: center; color: red; font-weight: bold;">REGISTERED BY ME ON</p> <p style="text-align: center;">2023/10/25</p> <p style="text-align: center; color: red; font-weight: bold;">REGISTRAR OF MEDICAL SCHEMES</p> </div> <p>Home nursing services</p>	<p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p>	<p>Unlimited</p> <p>R435 per beneficiary per day</p>	<p>Step-down facilities: Subject to pre-authorization and available only as an alternative to hospitalisation. Such service follows pre-authorized hospitalisation or operation and is in lieu of further hospitalisation. The facility must be registered with the Department of Health.</p> <p>Home nursing services: Subject to pre-authorization. Rendered at the patient's residence by a registered nurse or a person from a registered nursing institution. For such periods as the Scheme may determine as reasonable.</p>
<p>REGISTERED PRIVATE NURSE PRACTITIONERS (registered with the S. A. Nursing Council or its legal successor)</p> <p>Procedures</p> <p>Consultations</p> <p>HomeCare Services</p>	<p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p>	<p>Unlimited</p> <p>Three pbpa from the Insured Benefit Thereafter at 100% of Scheme Rate, subject to out of hospital GP and Specialist consultation limit</p> <p>Unlimited</p>	<p>For procedures not requiring admission to a day surgery facility or hospital; Includes the cost of vaccination and injection material administered by the Practitioner.</p> <p>For procedures not requiring admission to a day surgery facility or hospital. Subject to Scheme Clinical Entry Criteria. Subject to preauthorization.</p>

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
ADVANCED ILLNESS BENEFIT	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Unlimited	Subject to pre-authorisation and the treatment meeting the Scheme's guidelines and managed care criteria.
WELLNESS AND PREVENTATIVE CARE BENEFITS (VACCINATIONS AND SCREENING) Contraception: oral contraceptives, devices and injectables Influenza vaccine Human Papilloma Virus (HPV) vaccine Cholesterol screening, blood sugar screening and blood pressure measurements HIV Counselling and Testing (HCT) Mammogram	<div data-bbox="824 328 1196 555" style="border: 2px solid red; padding: 5px; text-align: center; margin-bottom: 10px;"> <p style="color: red; font-weight: bold; margin: 0;">REGISTERED BY ME ON</p> <p style="margin: 0;">2023/10/25</p> <hr style="border-top: 1px dashed red;"/> <p style="color: red; font-weight: bold; margin: 0;">REGISTRAR OF MEDICAL SCHEMES</p> </div> 100% of Scheme Medicine Reference Price 100% of Scheme Medicine Reference Price 100% of Scheme Medicine Reference Price 100% of cost at a DSP 100% of Scheme Rate at a non-DSP 100% of cost at a DSP 100% of Scheme Rate at a non-DSP 100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Unlimited R2 395 pbpa One pbpa Three doses pb R380 pbpa Unlimited One pbpa	Benefits in this section do not contribute to the depletion of any insured limits specified elsewhere in this schedule. Associated consultation fees are not provided for in this section, unless indicated. See General Practitioners (GPs): out of hospital consultations and procedures in rooms for consultation benefits. For female beneficiaries only. Oral contraceptives limited to one prescription or repeat prescription per beneficiary per month. For male and female beneficiaries aged 9 to 25 years and limited to a total course of three doses (depending on product and age). At clinics, pharmacies or Bankmed GP Network GPs' consulting rooms. HCT DSPs: Bankmed GP Network GPs, Bankmed Pharmacy Network and contracted HCT providers rendering onsite services at employer groups, subject to PMB regulations. For beneficiaries aged 40 years and older; Benefits for beneficiaries younger than 40 years, subject to motivation and prior approval.

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<p>Breast MRI (breast cancer risk only)</p> <p>Pap smear</p> <p>Bone densitometry</p> <p>Prostate specific antigen</p> <p>Faecal occult blood test</p> <p>Tuberculosis (TB) screening</p> <p>Childhood vaccinations (BCG, Oral Polio, Rotavirus, Diphtheria, Tetanus, Acellular Pertussis, Inactivated Polio and Haemophilus influenza type B, Hepatitis B, Measles, Pneumococcal vaccine)</p> <p>Pneumococcal vaccine</p>	<p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of Scheme Medicine Reference Price</p> <p>100% of Scheme Medicine Reference Price</p>	<p>One pbpa</p> <p>One pbpa</p> <p>One pbpa One pbpa One pbpa</p> <p>One chest x-ray pbpa</p> <p>Subject to EPI guidelines</p> <p>Limited as follows:</p>	<p>For high-risk beneficiaries only. Subject to clinical entry criteria and pre-authorisation.</p> <p>One associated nurse, Bankmed GP Network GP or Bankmed Prestige A&B Specialist Network consultation per beneficiary covered as an additional insured benefit, limited to R600 pbpa.</p> <p>For beneficiaries aged 50 years and older; Benefits for beneficiaries younger than 50 years, subject to motivation and prior approval. Should member not meet clinical entry criteria, and they are younger than age 50, the member may claim the bone densitometry test from their Radiology Benefit. Where the Radiology Benefit is exhausted, this will not be funded.</p> <p>For TB screening requested by private nurse practitioners rendering onsite services at employer groups; All other TB screenings subject to available out of hospital radiology and/or pathology benefits, and PMB regulations.</p> <p>For immunisations administered in accordance with the Department of Health's Expanded Programme on Immunisation (EPI) guidelines for children up to 12 years.</p> <ul style="list-style-type: none"> One vaccination every five years for adults 60 years and older.

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<div data-bbox="423 225 797 453" style="border: 2px solid red; padding: 5px; text-align: center; margin-bottom: 10px;"> <p style="color: red; font-weight: bold; margin: 0;">REGISTERED BY ME ON</p> <p style="margin: 0;">2023/10/25</p> <hr style="border-top: 1px dashed red;"/> <p style="color: red; font-weight: bold; margin: 0;">REGISTRAR OF MEDICAL SCHEMES</p> </div> <p data-bbox="190 453 788 528">Herpes Zoster Virus vaccine (Reduces the rate of herpes zoster [shingles])</p> <p data-bbox="190 528 788 842">Personal Health Assessment (PHA)</p> <p data-bbox="190 842 788 1230">Personal Health Assessment (PHA) Additional Consultations for Dietician and Biokineticist</p> <p data-bbox="190 1230 788 1402">Bankmed Mental Wellbeing Assessments</p>	<p data-bbox="788 453 1227 528">100% of Scheme Medicine Reference Price</p> <p data-bbox="788 528 1227 842">100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p data-bbox="788 842 1227 1230">100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p>	<p data-bbox="1227 453 1525 528">Limited as follows:</p> <p data-bbox="1227 528 1525 842">Limited to one pbpa</p> <p data-bbox="1227 842 1525 1230">Limited to two dietician visits per year plus two Biokineticist visits per year First visit to dietician and biokineticist to take place within 6 weeks of the PHA and second visit within 12 months of the PHA, otherwise funded from day-to-day benefits</p>	<ul style="list-style-type: none"> <li data-bbox="1525 225 2049 453">• One vaccination every five years for beneficiaries younger than 60 years, who have been diagnosed with Asthma, Chronic Obstructive Pulmonary Disease, Diabetes, Cardiovascular Disease, or HIV/Aids. <p data-bbox="1525 453 2049 528">One vaccination every five years for adults 60 years and older.</p> <p data-bbox="1525 528 2049 842">One assessment pbpa. Benefit limited to Bankmed GP Network GPs, Bankmed Pharmacy Network and contracted providers rendering onsite services at employer groups; subject to completion and follow up of the assessment. Applies to members and beneficiaries aged 18 years and older only.</p> <p data-bbox="1525 842 2049 1230">Limited to medium and high-risk members and/or members with a Body Mass Index (BMI) of 30 and more. Members identified and risk-rated using results from the PHA, therefore subject to completion of the PHA. Clinical Entry Criteria applies. Applies to members and beneficiaries aged 18 years and older only.</p> <p data-bbox="1525 1230 2049 1402">Free online assessment via www.bankmed.co.za; There is no limit on the number of assessments per beneficiary per annum.</p>

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<p>New-born Screening Test</p> <p>New-born Hearing Test</p> <div data-bbox="241 403 613 632" style="border: 2px solid red; padding: 5px; margin: 10px 0;"> <p style="text-align: center; color: red; font-weight: bold;">REGISTERED BY ME ON</p> <p style="text-align: center;">2023/10/25</p> <p style="text-align: center; border-top: 1px dashed red; color: red; font-weight: bold;">REGISTRAR OF MEDICAL SCHEMES</p> </div> <p>T21 Chromosome Test or Non-Invasive Prenatal Test (NIPT) (Member may have either of the two tests, not both)</p> <p>Amniocentesis</p>	<p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p>	<p>Limited to one per beneficiary</p> <p>Limited to one per beneficiary</p> <p>Limited to one per pregnancy</p> <p>Limited to one per pregnancy</p>	<p>Testing limited to services provided within the borders of South Africa. Test funded only if performed within 72 hours of birth.</p> <p>Testing limited to service provided by a registered Audiologist. Only the test is funded. Should the provider charge a consultation fee, the consultation fee will be funded from available consultation benefits. Test only funded if performed within eight weeks of birth. Thereafter funded from standard benefits.</p> <p>Subject to the Scheme’s protocols and clinical entry criteria. One assessment per beneficiary per pregnancy. Testing limited to services provided within the borders of South Africa. Applies to high-risk beneficiaries aged 35 years and older at delivery. If member does not meet clinical entry criteria, the screening test is not covered on this Plan.</p> <p>Subject to gynaecologist referral. One assessment per beneficiary per pregnancy. Testing limited to services provided within the borders of South Africa.</p>

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
DIABETES MANAGEMENT For members registered on the Scheme's Disease Management Programme	100% of cost for services covered in the Scheme's Basket of Care if referred by the Scheme's DSP and member utilises the Scheme's DSP as their service provider. 100% of Scheme Rate if non-DSP used.	Unlimited	Basket of Care set by the Scheme, subject to PMB regulations.
DISEASE MANAGEMENT FOR CARDIO-METABOLIC RISK SYNDROME Disease Management for cardiometabolic risk syndrome for members registered on the Scheme's Disease Management Programme	Up to a maximum of 100% of the Scheme Rate. Subject to authorisation and/or approval and the treatment meeting the Scheme's clinical entry criteria, treatment guidelines and protocols.	Limited to the basket of care set by the Scheme.	Subject to authorisation and/or approval and the treatment meeting the Scheme's clinical entry criteria, treatment guidelines and protocols.
RADIOLOGY In Hospital Out of hospital	100% of cost at a DSP 100% of Scheme Rate at a non-DSP 100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Unlimited R7 180 pfpa (Combined limit with pathology out of hospital)	<div style="border: 2px solid red; padding: 5px; width: fit-content; margin: 0 auto;"> <p style="color: red; margin: 0;">REGISTERED BY ME ON</p> <p style="color: black; margin: 0;">2023/10/25</p> <p style="color: red; margin: 0;">REGISTRAR OF MEDICAL SCHEMES</p> </div>
PATHOLOGY In Hospital Out of hospital	100% of cost at a DSP 100% of Scheme Rate at a non-DSP 100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Unlimited R7 180 pfpa (Combined limit with radiology out of hospital)	

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
MRI / CT SCANS AND RADIONUCLIDE SCANS In Hospital and out of hospital	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Unlimited	Subject to pre-authorisation (both in and out of hospital).
HIV/AIDS PROGRAMME Additional benefits subject to registration on HIV/Aids Programme. These additional benefits do not contribute to the depletion of other insured benefits provided by the Scheme. Consultations and pathology Associated Medicine/Drugs <ul style="list-style-type: none"> • Medication via Bankmed Pharmacy Network (DSP) • Medication via non-DSP (voluntary use of non-DSP) • Medication via non-DSP (involuntary use of non-DSP) 	<div style="border: 2px solid red; padding: 5px; text-align: center; margin-bottom: 10px;"> REGISTERED BY ME ON 2023/10/25 ----- REGISTRAR OF MEDICAL SCHEMES </div> 100% of cost at a DSP 100% of Scheme Rate at a non-DSP 100% of cost 80% of Scheme Medicine Reference Price 100% of cost	Subject to benefits available in Scheme's Basket of Care Unlimited Unlimited Unlimited	Beneficiaries who do not register on the HIV/Aids Programme will be entitled to all other benefits as specified in this schedule, with continued funding for PMBs, subject to PMB regulations, after depletion of the relevant sub-limits. Bankmed Pharmacy Network for HIV/Aids medication: as communicated to registered beneficiaries from time to time. A motivation is required for the use of a non-DSP for medication. Subject to Scheme's approved formulary. Scheme's Medicine Reference Price applies to non-formulary medication.
INTERNAL PROSTHESIS Combined limit for all internal prostheses items Internal prosthesis sub-limits: Hip joint prostheses, knee joint prostheses and shoulder joint prostheses	100% of cost at a DSP 100% of Scheme Rate at a non-DSP 100% of cost at a DSP 100% of Scheme Rate at a non-DSP	R87 055 pbpa R57 935 per prosthesis per admission if prosthesis is not supplied by the Scheme's network	Benefits subject to clinical motivation, the application of clinical / funding protocols, Scheme approval and PMB regulations. Defined as appliances placed in the body as an internal adjuvant, during an operation. Combined limit for all internal prosthesis items, excluding pacemakers and defibrillators; Sub-limits may apply depending on the prosthesis required.

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<p>Spinal fusions</p> <p>Cardiac stents</p> <p>Grafts</p> <p>Cardiac Valves</p> <p>Non-specified items</p>	<div data-bbox="517 229 887 456" style="border: 2px solid red; padding: 5px; text-align: center; margin-bottom: 10px;"> <p>REGISTERED BY ME ON</p> <p>2023/10/25</p> <p>-----</p> <p>REGISTRAR OF MEDICAL SCHEMES</p> </div> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p>	<p>provider. If supplied by the Schemes network provider, unlimited (not subject to combined limit for all internal prosthesis items)</p> <p>R58 655</p> <p>R86 710</p> <p>R46 940</p> <p>R49 370</p> <p>R27 050</p>	<p>All sub-limits as indicated are further subject to the combined limit for all internal prosthesis items, excluding pacemakers, defibrillators. The sub-limits are not “in addition to” the combined limit.</p> <p>Dental implants of any nature are not included in the definition of internal prosthesis.</p> <p>The prostheses accumulate to the limit. The balance of the hospital and related accounts do not accumulate to the annual limit.</p>
<p>SPINAL CARE (SPINAL CARE PROGRAMME) In-hospital and out-of-hospital management for spinal care and surgery. Limited to a defined list of clinically appropriate procedures which include Lumbar Fusion, Cervical Fusion, Laminectomy, Laminotomy</p>	<p>100% of cost for the hospital account at a network facility. Network does not apply to any admissions related to trauma.</p> <p>100% of the Scheme Rate for the hospital account if performed at a non-network facility.</p> <p>100% of cost for related accounts at a DSP</p> <p>100% of Scheme Rate for related accounts at a non-DSP</p>	<p>Unlimited</p>	<p>Subject to authorisation and the treatment meeting the Scheme's treatment guidelines and clinical criteria.</p> <p>Subject to PMB regulations.</p> <p>Unlimited at a network provider for in-hospital treatment</p> <p>Basket of care as set by the Scheme for out-of-hospital conservative treatment</p>

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
PACEMAKERS AND DEFIBRILLATORS	100% of cost of device if preferred provider used 100% of Scheme Rate if non-preferred provider used to purchase device	Unlimited	Subject to clinical motivation, the application of clinical/funding protocols and Scheme approval.
INTRAOCULAR LENSES FOR CATARACT SURGERY (Permanent, implantable lenses, inclusive of basic and specialised lens varieties) <div style="border: 2px solid red; padding: 5px; width: fit-content; margin: 10px auto;"> <p style="text-align: center; color: red; font-weight: bold; margin: 0;">REGISTERED BY ME ON</p> <p style="text-align: center; margin: 5px 0 0 0;">2023/10/25</p> <p style="text-align: center; color: red; font-weight: bold; margin: 0;">REGISTRAR OF MEDICAL SCHEMES</p> </div>	Up to a maximum of 100% of the Scheme Rate Scheme Rate is equal to the negotiated and agreed lens price plus 25% mark-up		Subject to pre-authorisation and the treatment meeting the Scheme's criteria. Covered in full when supplied by the Scheme's preferred suppliers, otherwise covered up to the Scheme Rate for the lens. Scheme Rate is equal to the negotiated and agreed lens price plus 25% mark-up Where the provider marks up the lens cost in excess of the agreed rate, the Scheme will not be responsible for the shortfall.
EXTERNAL PROSTHESIS Artificial limbs and eyes (Combined limit with Medical and Surgical Appliances, Blood Pressure Monitors, Nebulisers, Glucometers, Arch supports and Shoe Insoles)	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	R29 700 pfpa	Subject to clinical motivation, the application of clinical/funding protocols and Scheme approval. Benefit includes the repair of the prosthesis.
MEDICAL AND SURGICAL APPLIANCES Post-surgery appliances <ul style="list-style-type: none"> • Purchase or hire of: Braces, Splints, Slings, Corsets, Cervical collars, Post-op footwear (sandals and boots), Air-casts, Pressure garments, Compression "hose", Cushions, Mastectomy brassiere/breast prosthesis. • Hire of: Wheelchairs, Walking frames, Crutches, Traction equipment, Toilet/bath riser, Bath swivel stool 	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	R8 730 pbpa	Benefits subject to a doctor's prescription, the application of clinical and funding protocols, and Scheme approval. Additional benefits may be provided for wheelchairs, subject to motivation, from occupational therapist and/or physiotherapist, a minimum of two cost quotations and Scheme approval. Frequency limits apply: Surgical/moonboot: one every 24 months Crutches: one set every 24 months Brace callipers: one set every 24 months Rigid back brace: one every 24 months

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<p>Chronic appliances</p> <ul style="list-style-type: none"> Oxygen and oxygen delivery systems, i.e. items required for its delivery and administration (e.g. delivery tube, nasal cannulas and mask) <p>Chronic appliances</p> <ul style="list-style-type: none"> Stoma products, including indwelling catheters and colostomy bags <p>Other chronic appliances</p> <ul style="list-style-type: none"> Other chronic appliances includes Braces/Callipers/Surgical boots (in combination), Lumbar Sacral Corsets, Splints, Compression hose, "Be-sure" products, Heel pads/insoles/metatarsal bars, CPAP machines, Sleep apnoea monitor for infants (hire thereof), Suction machine and catheters, Nebulisers, Glucometers, Peak flow meters Purchase of: Crutches, Wheelchairs, Walking frames, Toilet/bath risers, Commodes, Urinal bottles, Bed pans <p>Appliances for acute conditions</p>	<p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <div data-bbox="810 651 1182 879" style="border: 2px solid red; padding: 5px; text-align: center;"> <p>REGISTERED BY ME ON</p> <p>2023/10/25</p> <p>REGISTRAR OF MEDICAL SCHEMES</p> </div> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p>	<p>R27 420 pbpa</p> <p>R27 420 pbpa</p> <p>R8 730 pbpa Limit may be extended to R12 775 for beneficiaries requiring a CPAP machine</p> <p>Sub-limits apply as follows: R1 075 for arch supports (per pair) R1 620 for shoe insoles (per pair)</p> <p>Subject to other chronic appliances limit of R8 730 pbpa</p>	<p>Wig: one every 24 months Breast prosthesis bra: no limit on number of bras that may be purchased in 12 months; Rand limit applies for post-surgery appliances Breast prosthesis: one/two per 24 months (one/two is patient dependent) Commodes: one every 36 months Wheelchairs: one every 36 months Walking frames: one every 24 months Surgical compression stockings: two pairs per 12-month period Sling/clavicle brace: one every 24 months Portable oxygen: one every 48 months Blood pressure monitors: one every 36 months Nebulisers: one every 36 months Glucometers: one every 36 months Arch supports: one pair every 24 months Shoe insoles: one pair every 24 months CPAP machine: one every 36 months Humidifier: one every 36 months For conditions not covered under the post-surgery appliance benefit and the chronic appliances benefit. Repairs and maintenance of any appliances provided under any of these benefit categories.</p>
<p>BLOOD PRESSURE MONITORS, NEBULISERS AND GLUCOMETERS (Combined limit with medical and surgical appliances: other chronic appliances)</p>	<p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p>	<p>R8 730 pbpa Sub-limits apply as follows: R1 470 pbpa for blood pressure monitors</p>	<p>Benefits available on doctor's prescription without additional motivation or Scheme approval.</p> <p>Frequency limits apply: Blood pressure monitors: one every 36 months Nebulisers: one every 36 months</p>

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
		R2 075 pbpa for nebulisers R1 035 pbpa for glucometers	Glucometers: one every 36 months
HEARING AIDS (SUPPLY AND FITMENT)	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	R34 685 per beneficiary every 24 months	Frequency limits apply: Benefit only available where the beneficiary has not claimed for hearing aid/s in the previous calendar year. Rolling limit every 24 months. No benefit for replacement batteries.
HEARING AID REPAIRS	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	R1 800 pbpa	
BONE ANCHORED HEARING AIDS	90% of Scheme Rate	R185 530 pfpa	
COCHLEAR IMPLANTS			Once in a lifetime benefit.
Hospitalisation	Benefits for hospitalisation as specified elsewhere in this schedule	As specified	Subject to pre-authorisation and Scheme protocols.
Pre-operative evaluation and associated preparation costs	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	R20 625 pb per lifetime	Funding only available in recognised Centres of Excellence.
Cochlear implant device	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	R432 450 pb per lifetime	Once in a lifetime benefit available to: <ul style="list-style-type: none"> • Children under 8 years of age • Persons over the age of 8 diagnosed as suffering from profound bilateral sensory neural hearing loss
Intra-operative audiology testing	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	R1 075 pb per lifetime	
Post-operative evaluation costs	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	R43 315 pb per lifetime	
UPGRADE OR REPLACEMENT OF SPEECH PROCESSORS	80% of Scheme Rate	R161 470 pb over a three-year cycle	Subject to clinical motivation, the application of clinical / funding protocols and Scheme approval.

REGISTERED BY ME ON

2023/10/25

REGISTRAR OF MEDICAL SCHEMES

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<p>PSYCHIATRY, CLINICAL PSYCHOLOGY, & RELATED OCCUPATIONAL THERAPY</p> <p>Hospitalisation:</p> <p>Hospital Network DSPs</p> <p>All admissions at network DSP</p> <p>Other hospitals (non-DSPS)</p> <p>PMB admission: involuntary use of non-DSP</p> <p>PMB admission: voluntary use of non-DSP</p> <p>Non-PMB admission</p> <p>In-hospital consultations / sessions</p> <p>Out of hospital consultations / sessions</p>	<p>100% of cost for Bankmed Network Psychiatric facilities (DSPs)</p> <p>100% of cost</p> <p>80% of Scheme Rate for non-DSPs</p> <p>80% of Scheme Rate</p> <p>100% of cost for Bankmed Prestige A&B Specialist Network: DSPs 100% of Scheme Rate for non-DSPs</p> <p>100% of cost for Bankmed Prestige A&B Specialist Network: DSPs 100% of Scheme Rate for non-DSPs</p>	<p>R81 350 pbpa (Combined limit with occupational therapy: psychiatric consultations /sessions in hospital)</p> <p>R5 100 pbpa (Combined limit with occupational therapy: psychiatric consultations/sessions out of hospital)</p> <p>Combined limit may be extended to R12 695 for Depression and/or Bipolar Mood Disorder, subject to pre- authorisation and PMB regulations</p>	<p>Subject to pre-authorisation. Continued benefits for PMBs subject to pre- authorisation and PMB regulations. PMBs limited to 80% of Scheme Rate for non- DSPs, subject to PMB regulations. Cover for 21 days in hospital in line with PMB regulations, with dual accumulation to the rand limit.</p> <div data-bbox="1624 630 1998 853" style="border: 2px solid red; padding: 5px; text-align: center;"> <p>REGISTERED BY ME ON</p> <p>2023/10/25</p> <p>REGISTRAR OF MEDICAL SCHEMES</p> </div> <p>PMBs limited to 100% of Scheme Rate for non-DSPs, subject to PMB regulations. Cover for 15 out-of-hospital psychotherapy sessions for PMBs, in line with PMB regulations with dual accumulation to the rand limit.</p> <p>An additional consultation will be granted as an insured benefit, per beneficiary visiting a psychiatrist within 30 days of discharge, following an authorised psychiatric hospital admission (excluding day cases). PMBs limited to 100% of Scheme rate for non-DSPs, subject to PMB regulations.</p>

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<p>Post-hospital psychiatric consultation within 30 days of discharge from hospital (excluding day cases) for a psychiatric admission (Related to Major Depression, Schizophrenia and Bipolar Mood Disorder only)</p>	<p>100% of cost for Bankmed Network Psychiatrist: DSPs 100% of Scheme Rate for non-DSP Psychiatrist</p>	<p>Limited to three consultations per beneficiary per annum</p>	<p>In the event that the member exceeds the three-consultation limit (following three hospital admissions), the consultations will be subject to the standard psychiatry, clinical psychology and related occupational therapy benefit limits.</p>
<p>MENTAL HEALTH INTEGRATED DISEASE MANAGEMENT PROGRAMME Disease Management for specified mental health conditions for members registered on the Scheme's Mental Health Integrated Disease Management Programme</p>	<p>In addition to the cover provided for under the PMB regulations, up to 100% of the Scheme Rate for services covered in the Scheme's basket of care if referred by the Scheme's DSP. 100% of Scheme Rate for services performed by the Scheme's DSP.</p>	<p>Limited to the basket of care set by the Scheme.</p>	<p>Subject to the treatment meeting the Scheme's treatment guidelines and managed care criteria. Subject to PMB regulations.</p>
<p>OCCUPATIONAL THERAPY: PSYCHIATRIC CONSULTATIONS / SESSIONS</p> <p>Hospitalisation and in-hospital consultations / sessions</p> <div data-bbox="412 916 784 1145" style="border: 1px solid red; padding: 5px; margin: 10px 0;"> <p style="text-align: center; color: red; font-weight: bold;">REGISTERED BY ME ON</p> <p style="text-align: center;">2023/10/25</p> <p style="text-align: center; border-top: 1px dashed red; color: red; font-weight: bold;">REGISTRAR OF MEDICAL SCHEMES</p> </div> <p>Out of hospital</p>	<p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p>	<p>R81 350 pbpa (Combined limit with occupational therapy: psychiatric consultations /sessions in hospital)</p> <p>R5 100 pbpa (Combined limit with occupational therapy: psychiatric consultations/sessions out of hospital)</p> <p>Combined limit may be extended to R12 695 for Depression and/or Bipolar Mood</p>	<p>Subject to pre-authorisation. Continued benefits for PMBs subject to pre-authorisation and PMB regulations. PMBs limited to 100% of Scheme Rate for non-DSPs, subject to PMB regulations.</p> <p>PMBs limited to 100% of Scheme Rate for non-DSPs, subject to PMB regulations.</p>

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
		Disorder, subject to pre- authorisation and PMB regulations	
OCCUPATIONAL THERAPY: NON-PSYCHIATRIC CONSULTATIONS / SESSIONS In hospital Out of hospital	<div data-bbox="414 395 784 619" style="border: 1px solid red; padding: 5px; margin: 5px;"> <p style="text-align: center; color: red; font-weight: bold;">REGISTERED BY ME ON</p> <p style="text-align: center;">2023/10/25</p> <hr style="border-top: 1px dashed red;"/> <p style="text-align: center; color: red; font-weight: bold;">REGISTRAR OF MEDICAL SCHEMES</p> </div> 100% of cost at a DSP 100% of Scheme Rate at a non-DSP 100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Unlimited R2 500 pfpa	Subject to pre-authorization.
PHYSIOTHERAPY In hospital Post-hospitalisation treatment (within 6 weeks of discharge from hospital or approved day surgery facility) Out of hospital	100% of cost at a DSP 100% of Scheme Rate at a non-DSP 100% of cost at a DSP 100% of Scheme Rate at a non-DSP 100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Unlimited R3 625 pfpa Subject to combined limit for GP and Specialist out of hospital consultations in rooms	Subject to pre-authorization. Following a pre-authorized admission.
SPEECH THERAPY, AUDIO THERAPY AND AUDIOLOGY In and out of hospital	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	R2 500 pfpa	

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<p>ADDITIONAL BENEFITS FOR BENEFICIARIES WITH NEURODEVELOPMENTAL DISORDERS</p> <ul style="list-style-type: none"> Occupational therapy: psychiatric consultations/sessions (out of hospital) Occupational therapy: non-psychiatric consultations/sessions (out of hospital) Physiotherapy (out of hospital) Speech therapy (out of hospital) 	<p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <div style="border: 2px solid red; padding: 5px; text-align: center;"> <p>REGISTERED BY ME ON</p> <p>2023/10/25</p> <p>-----</p> <p>REGISTRAR OF MEDICAL SCHEMES</p> </div>	<p>As approved</p>	<p>Additional discretionary insured benefits may be granted for beneficiaries with neurodevelopmental disorders, subject to clinical motivation and Scheme approval.</p> <p>The quantum of additional benefits, if approved, shall be decided on a case-for-case basis, and granted at 100% of the Scheme Rate or contracted rate, whichever applies.</p> <p>These discretionary benefits are in addition to any other insured benefits normally applicable to these services, as specified elsewhere in this schedule.</p>
<p>BIOLOGICS AND HIGH-COST SPECIALISED MEDICATION Biologics and high-cost specialised medication utilised in the management of PMB CDL and Non-PMB chronic conditions. Includes all off-label drugs (request for a drug not registered for the condition by the Medicines Control Council (MCC) and all Section 21 drugs (drugs not registered by MCC for use in SA).</p> <p>PMB Algorithm Medication</p> <p>PMB Non-Algorithm Medication</p> <p>Non-PMB Non-Algorithm Medication</p>	<p>100% of cost</p> <p>70% of Scheme Rate</p> <p>70% of Scheme Rate</p>	<p>Unlimited</p> <p>Subject to applicable benefit limits</p> <p>Subject to applicable benefit limits</p>	<p>Subject to PMB regulations.</p>

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<p>OTHER AUXILIARY SERVICES In and out of hospital</p> <ul style="list-style-type: none"> • Chiropody/Podiatry (consultations) • Dietetics/Nutritional Assessments • Orthotics (consultations) • Massage • Chiropractors • Herbalists • Naturopaths • Family planning clinics • Homeopaths • Biokineticists (fitness assessments) 	<p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <div style="border: 2px solid red; padding: 5px; text-align: center; margin: 10px 0;"> <p>REGISTERED BY ME ON</p> <p>2023/10/25</p> <p>.....</p> <p>REGISTRAR OF MEDICAL SCHEMES</p> </div>	<p>R3 825 pfpa</p>	<p>Frequency limits apply: Foot orthotics: one every 24 months</p> <p>If prescribed by a medical practitioner and provided that the supplier of service is registered as such in terms of any law.</p> <p>The fees must have been incurred for a definite complaint and treatment must be for curative purposes only.</p>
<p>CHRONIC MEDICATION</p> <p>Medication via DSP (Bankmed Network GP and Bankmed Pharmacy Network)</p> <p>Medication via non-DSP (voluntary use of non-DSP)</p> <p>Medication via non-DSP (involuntary use of non-DSP)</p>	<p>Subject to Chronic Medicine List</p> <p>100% of Scheme Medicine Reference Price</p> <p>80% of Scheme Medicine Reference Price</p> <p>100% of cost</p>	<p>R25 300 pbpa</p>	<p>Benefits for chronic medication, drugs and injection material subject to:</p> <ul style="list-style-type: none"> • Prior application and approval of the Scheme • Each prescription or repeat prescription being limited to one month's supply per beneficiary • Such motivations and reports by appropriate Medical practitioners, as are required by the Scheme • PMB regulations • Scheme approved Chronic Medicine List <p>Dispensing fee limited to the contracted dispensing fee applicable to Bankmed GP Network GPs and Bankmed Pharmacy Network (DSPs). Continued benefits for PMBs, subject to PMB Regulations.</p>

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<p>PRESCRIBED ACUTE MEDICATION</p> <p>Medication via DSP (Bankmed Network GP and Bankmed Pharmacy Network)</p> <ul style="list-style-type: none"> Generic Medicine Original Medicines (medicine where a generic alternative is available) <p>Medication via non-DSP (voluntary use of non-DSP)</p> <ul style="list-style-type: none"> Generic Medicine Original Medicines (medicine where a generic alternative is available) <p>Medication via non-DSP (involuntary use of non-DSP)</p> <ul style="list-style-type: none"> Generic Medicine Original Medicines (medicine where a generic alternative is available) 	<p>100% of Scheme Medicine Reference Price plus contracted dispensing fee</p> <p>80% of Scheme Medicine Reference Price plus contracted dispensing fee</p> <p>80% of Scheme Medicine Reference Price plus contracted dispensing fee</p> <p>80% of Scheme Medicine Reference Price plus contracted dispensing fee</p> <p>100% of Scheme Medicine Reference Price plus contracted dispensing fee</p> <p>80% of Scheme Medicine Reference Price plus contracted dispensing fee</p>	<p>M = R4 785 M+1 = R8 810 M+2+ = R9 565 (including a sub-limit of R1 900 pfpa for self-medication / PAT)</p>	<p>Dispensing fee limited to the contracted dispensing fee for DSPs.</p> <div data-bbox="1610 344 1986 571" style="border: 1px solid red; padding: 5px; text-align: center;"> <p>REGISTERED BY ME ON</p> <p>2023/10/25</p> <p>REGISTRAR OF MEDICAL SCHEMES</p> </div>
<p>SELF-MEDICATION (OVER THE COUNTER MEDICINE) AND PHARMACY ADVISED THERAPY (PAT)</p>	<p>100% of Scheme Medicine Reference Price via Bankmed Pharmacy Network: DSP 80% of Scheme Medicine Reference Price for non-DSPs</p>	<p>R1 900 pfpa and further subject to prescribed acute medication limit</p>	<p>Covering medicines which a pharmacist is entitled to prescribe and dispense. Dispensing fee limited to the contracted dispensing fee for DSPs.</p>

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
HOMEOPATHIC MEDICATION	Benefits as for prescribed acute/chronic medication	Benefits as for prescribed acute/chronic medication	On doctor's prescription only and limited to items with NAPPI codes. No self-medication/PAT benefit for homeopathic medicines.
<p>SPECIALISTS</p> <p>In hospital consultations, operations and procedures</p> <p>Out-of-hospital consultations in rooms</p> <div data-bbox="248 638 622 866" style="border: 1px solid red; padding: 5px; margin: 10px 0;"> <p style="text-align: center; color: red; font-weight: bold;">REGISTERED BY ME ON</p> <p style="text-align: center;">2023/10/25</p> <hr style="border-top: 1px dashed red;"/> <p style="text-align: center; color: red; font-weight: bold;">REGISTRAR OF MEDICAL SCHEMES</p> </div> <p>Out-of-hospital procedures in rooms</p>	<p>100% of cost for Bankmed Prestige A&B Specialist Network: DSPs 100% of Scheme Rate for non-DSPs</p> <p>100% of cost for Bankmed Prestige A&B Specialist Network: DSPs 80% of cost if no pre-authorisation and no referral from Bankmed GP Network GP</p> <p>100% of Scheme Rate for non-DSPs 80% of Scheme Rate if no pre-authorisation and no referral from Bankmed GP Network GP</p> <p>100% of cost for Bankmed Prestige A&B Specialist Network: DSPs 100% of scheme Rate for non-DSPs</p>	<p>Unlimited</p> <p>Combined limit with GP consultations in rooms</p> <p>Unlimited</p>	<p>Subject to pre-authorisation. PMBs limited to 100% of Scheme Rate for non-DSPs, subject to PMB regulations.</p> <p>Subject to pre-authorisation. Limit includes the cost of vaccination and injection material administered by the Specialist, except where indicated as a specified benefit under Vaccinations and Screening. Limit would exclude procedures that are covered unlimited. Continued benefits for PMBs, subject to PMB regulations. PMBs limited to 100% of Scheme Rate for non-DSPs, with further limitation if no referral from a Bankmed Network GP.</p> <p>Subject to pre-authorisation. PMBs limited to 100% of Scheme Rate for non-DSPs, subject to PMB regulations.</p>

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<p>GENERAL PRACTITIONERS (GPs)</p> <p>In hospital consultations</p> <p>In hospital operations and procedures</p> <p>Out of hospital consultations in rooms</p> <div data-bbox="248 611 622 839" style="border: 2px solid red; padding: 5px; margin: 10px 0;"> <p style="text-align: center; color: red; font-weight: bold;">REGISTERED BY ME ON</p> <p style="text-align: center;">2023/10/25</p> <hr style="border-top: 1px dashed red;"/> <p style="text-align: center; color: red; font-weight: bold;">REGISTRAR OF MEDICAL SCHEMES</p> </div> <p>Out of hospital procedures in rooms</p> <p>Post hospital GP consultation within 30 days of discharge from hospital (excluding day cases)</p> <p>Virtual GP consultation</p>	<p>100% of cost for Bankmed Network GPs: DSPs 100% of Scheme Rate for non-DSPs</p> <p>100% of cost for Bankmed Network GPs: DSPs 100% of Scheme Rate for non-DSPs</p> <p>100% of cost for Bankmed Network GPs: DSPs 100% of Scheme Rate for non-DSPs</p> <p>100% of cost for Bankmed Network GPs: DSPs 100% of Scheme Rate for non-DSPs</p> <p>100% of cost for Bankmed Network GPs: DSPs 100% of Scheme Rate for non-DSPs</p> <p>100% of cost for Bankmed Network GPs: DSPs 100% of Scheme Rate for non-DSPs</p> <p>100% of cost for Bankmed Network GPs: DSPs 100% of Scheme Rate for non-DSPs</p>	<p>Unlimited</p> <p>Unlimited</p> <p>Unlimited if DSP used If no DSP used, limited as follows: M = R4 220 M+1 = R7 640 M+2+ = R8 860 (Combined limit with Specialist consultations in rooms)</p> <p>Unlimited</p> <p>One per authorised admission (excluding day cases)</p> <p>Limited to three consultations pbpa</p>	<p>In-hospital benefits are subject to pre- authorisation. PMBs limited to 100% of Scheme Rate for non-DSPs, subject to PMB regulations.</p> <p>Includes the cost of vaccination and injection material administered by the GP except where indicated as a specified benefit under Vaccinations and Screening. Limits would exclude procedures that are covered unlimited. Continued benefits for PMBs, subject to PMB Regulations. PMBs covered at 100% of cost for Bankmed Network GPs (DSPs).</p> <p>100% of cost for PMBs at Bankmed Network GPs: DSPs. PMBs limited to 100% of Scheme Rate for non-DSPs, subject to PMB regulations.</p> <p>An additional consultation will be granted as an insured benefit, per beneficiary visiting a GP within 30 days of discharge, following an authorised hospital admission (excluding day cases). PMBs limited to 100% of Scheme rate for non-DSPs, subject to PMB regulations. Subject to member and/or beneficiary having a prior consulting relationship with the GP. Verification notes to be submitted by claiming GP.</p>

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
<p>PREVENTATIVE AND BASIC DENTISTRY</p> <p>Benefits for all members and beneficiaries:</p> <ul style="list-style-type: none"> • First dental examination per beneficiary per financial year • Scale and Polish • Limited x-rays to support diagnosis • Restorations (fillings) • Basic root canal therapy (including emergency root canal therapy) • Routine extractions • Full and partial dentures (restricted to plastic) and clasps • Repairing of dentures <p>Additional benefits for children below the age of 16 years:</p> <ul style="list-style-type: none"> • Topical fluoride treatment <ul style="list-style-type: none"> • Fissure sealant on first and second permanent molar teeth but subject to a maximum of 8 molar teeth per beneficiary per lifetime 	<p>100% of cost at a DSP 100% of Scheme Rate at a non-DSP</p> <div data-bbox="846 341 1218 568" style="border: 2px solid red; padding: 5px; text-align: center;"> <p>REGISTERED BY ME ON</p> <p>2023/10/25</p> <p>REGISTRAR OF MEDICAL SCHEMES</p> </div>	<p>Unlimited</p> <p>Sub-limits apply as follows:</p> <p>One dental exam pbpa</p> <p>Two pbpa</p> <p>Fillings: Amalgam and resin only</p> <p>Plastic dentures only</p> <p>Two topical fluoride treatments per child per year (age 15 years and younger). One topical fluoride treatment per year for all other beneficiaries.</p> <p>Limited to 8 molar teeth pb per lifetime</p>	

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
ADVANCED DENTISTRY Caps, crowns, bridges and cost of endosteal and ossea-integrated implants	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	M = R8 370 pbpa M+ = R12 985 pfpa (Combined limit with orthodontics and all other dental services)	
ORTHODONTICS	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Subject to advanced dentistry limit	Subject to orthodontic quotation and prior approval of the Scheme.
ALL OTHER DENTAL SERVICES <ul style="list-style-type: none"> • Second and subsequent examination in the same financial year • X-rays • Composite restorations/fillings • Metal/ceramic and/or resin restorations/inlays • Crowns and bridges • Bleaching of endodontically treated teeth • Periodontal treatment (includes both consultation, non-surgical and surgical procedures) • Prosthodontics • Complete/partial dentures other than plastic including soft bases • Miscellaneous prosthetic procedures e.g. rebases, adjustment and relines • Restorative/Prosthodontic phase of implants • Oral surgery • Other surgical procedures i.e. Biopsy/soft tissue injuries • Bite plate for TMJ dysfunction • Other general services not classified but included in the Scheme Rate as relevant services 	100% of cost at a DSP 100% of Scheme Rate at a non-DSP <div style="border: 2px solid red; padding: 5px; text-align: center;"> <p style="color: red; font-weight: bold; margin: 0;">REGISTERED BY ME ON</p> <p style="margin: 0;">2023/10/25</p> <hr style="border-top: 1px dashed red;"/> <p style="color: red; font-weight: bold; margin: 0;">REGISTRAR OF MEDICAL SCHEMES</p> </div>	Subject to advanced dentistry limit	Benefits are not available for metal inlays in anterior teeth.

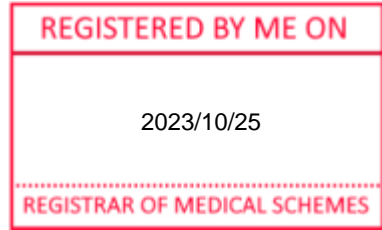
HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
OPTOMETRY Subject to the Optometry Benefit Management program and clinical necessity			
Consultations	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	100% of Scheme Rate	Benefit only available every two years and limited to one eye test or one re-examination or one composite examination per beneficiary every 24 months from previous date of service.
Frames and Extras	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	R1 150 per beneficiary every 24 months from previous date of service	Extras subject to pre-authorization and clinical necessity. One frame per beneficiary every 24 months from previous date of service.
Prescription Lenses Clear, standard/generic, single vision, bifocal or multi-focal lenses	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	100% of Scheme Rate	One pair of standard / generic lenses per beneficiary every 24 months from previous date of service.
Readymade Readers	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	Two pairs at R120 a pair, pb every two years	Readymade readers via optometrists and Pharmacies as an OTC benefit subject to benefit availability
Contact Lenses	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	R1 805 pbpa	Clear contact lenses. A beneficiary may not claim for spectacles (lenses or frame) AND contact lenses in the same benefit year OR contact lenses within 24 months from previous date of service after receiving spectacles (lenses or frame).
Fitting of contact lenses	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	One contact lens dispensing and/or assessment per beneficiary every 12 months	
Other optometric services Refractive surgery/Excimer laser treatment, hospitalisation and associated costs	100% of cost at a DSP 100% of Scheme Rate at a non-DSP	R4 810 pfpa	Benefit via ophthalmologist. Limit includes the cost of hospitalization, medication and all other associated services.

REGISTERED BY ME ON

 2023/10/25

REGISTRAR OF MEDICAL SCHEMES

HEALTHCARE SERVICE	BASIS OF COVER	ANNUAL LIMITS	CONDITIONS/REMARKS
Sunglasses		No benefit	No benefit for sunglasses / prescription sunglasses / spectacles with a tint > 35%
<p data-bbox="190 292 790 359">CLAIMS FOR SERVICES RENDERED OUTSIDE THE BORDERS OF SOUTH AFRICA</p> <div data-bbox="215 375 586 603" style="border: 1px solid red; padding: 5px; margin: 10px auto; width: fit-content;"> <p data-bbox="241 384 560 416" style="text-align: center; margin: 0;">REGISTERED BY ME ON</p> <p data-bbox="342 483 459 507" style="text-align: center; margin: 0;">2023/10/25</p> <p data-bbox="226 563 575 592" style="text-align: center; margin: 0; border-top: 1px dashed red;">REGISTRAR OF MEDICAL SCHEMES</p> </div>	As per Annexure D	As per Annexure D	<p data-bbox="1525 292 2049 422">Foreign claims covered at the relevant Scheme Rate and/or Rand limit normally allowed for an equivalent non-PMB claim in South Africa.</p> <p data-bbox="1525 422 2049 587">In the case of internal prosthesis and/or medical and surgical appliances, funding will be limited to the amount or rate at which the Scheme would normally fund or procure such device within the borders of South Africa.</p> <p data-bbox="1525 587 2049 746">No benefits for emergency/ambulance transport outside the borders of South Africa. Medical motivation and prior approval required for elective/non-emergency surgery outside the borders of South Africa.</p>



LEGEND:

- Contracted rate = The rate determined in terms of an agreement between the Scheme and a service provider or group of service providers in respect of payment of relevant services
- Cost = The net cost (after discount) charged for a relevant health service or, in respect of a contracted or negotiated service, the contracted rate. In respect of surgical items and procedures provided in hospital, “cost” shall be the nett acquisition price (also see Annexure B)
- DSP = Designated Service Provider (may also be referred to as Preferred Provider or Contracted Provider in this schedule): A healthcare provider or group of providers contracted by the Scheme as preferred provider/s to provide diagnosis, treatment and care to beneficiaries in respect of one or more prescribed minimum benefit conditions
- M = Member without dependants
- M+ = Member plus dependants
- pb = per beneficiary
- pbpa = per beneficiary per annum
- pfpa = per family per annum
- pmpa = per member per annum
- PMB = Prescribed Minimum Benefits - a set of minimum benefits to be funded by all medical schemes as per the Medical Schemes Act and Regulations, in respect of the Prescribed Minimum Benefit Conditions (A Prescribed Minimum Benefit Condition is “a condition contemplated in the Diagnosis and Treatment Pairs and Chronic Disease List conditions listed in Annexure A of the Regulations, or any emergency medical condition”)
- Scheme Medicine Reference Price = the maximum price that the Scheme shall pay for a drug or a class of drugs, where cost-effective alternatives exist. In the event that a member voluntarily chooses a drug that is more expensive than an alternative available drug that falls within the Scheme Medicine Reference Price, the price difference shall be a co-payment payable by the member at point of sale, subject to PMB regulations, where applicable
- Scheme Rate = the rate at which health services are reimbursed by the Scheme in accordance with the applicable benefit schedule and shall be determined by the Scheme from time to time