



AGENDA

08:00 - 09:00

Full buffet breakfast will be served

09:00 - 09:10

Welcome and setting the Scene

Michelle Bam

09:10 - 09:40

Opening Address

Teddy MosomothaneBankmed PO/CEO

09:40 - 10:20

2025 Benefits and Contributions

Dr. Niri Naidoo

Clinical and Operations Executive

10:20 - 10:30

Communications update

Natalie Schubach
Head of Communications

10:30 - 10:40

Client Management update

Jannus Van Der Walt
Senior Manager: Client Management

10:40 - 11:00

Competition and Q&A

Michelle Bam

MC





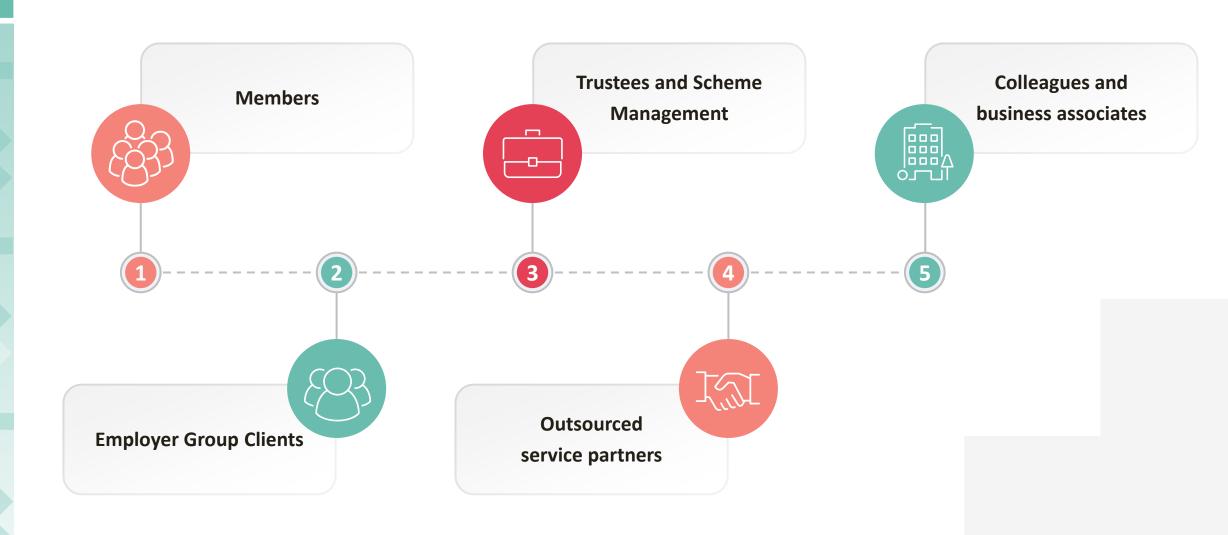
SETTING THE SCENE

Teddy Mosomothane

Principal Officer / Chief Executive Officer

ACKNOWLEDGING OUR VALUED PARTNERS





YOU ARE IN GOOD COMPANY



30





































































Collaboration & partnership



Foresight & some history of "firsts"



Time-tested experience



Active participant in the making of history



Leadership



Access to the expertise & business acumen of bankers



Gender equality, financial stability & wellness



Reflection & evaluation of Bankmed's differentiator



Better value & approval of expansion into Financial Services Sector



Thriving & ready to expand

IN GOOD HEALTH FOR YOUR GOOD HEALTH



Beneficiaries: 221 270
Market Share

2.5% Covered Lives

5.4% Restricted

8th Largest Medical Scheme

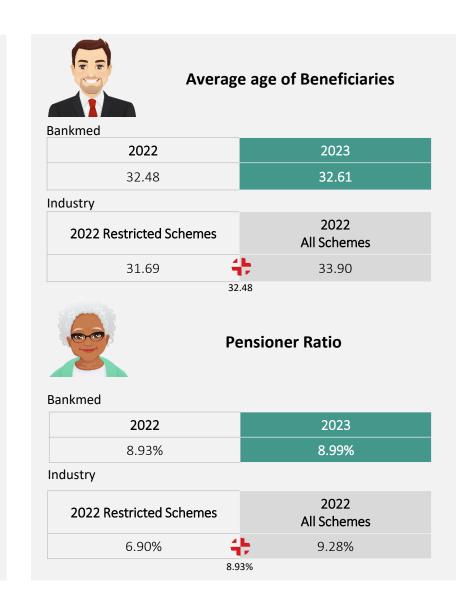
4rd Largest Restricted Scheme



Principal Members: 107 573

Market Share

7th Largest Medical Scheme (principal members)

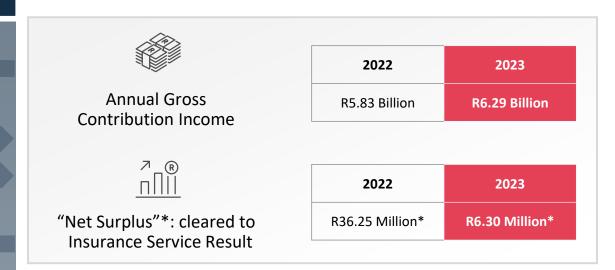


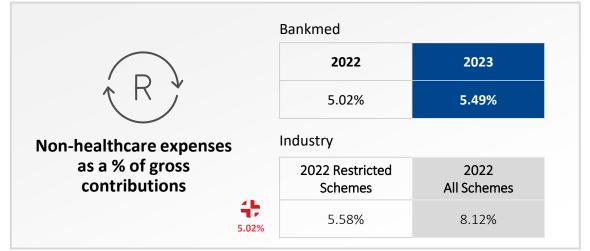




IN GOOD HEALTH FOR YOUR GOOD HEALTH









Reserves

	BANKMED		Restricted Schemes Average	Industry	
	2022	2023	2022	2022	
Reserves	R3.34 Billion	R3.34 Billion	R67.7 Billion	R115.5 Billion	
Reserve Ratio	53.30%	48.98%	59.53%	53.30 % 47.21%	
Claims Ratio	98.77%	100.80%	98.77% 95.01%	93.96%	

NHI ACT - 15 MAY 2024



The bottom line is...there is no need to panic

- 1. Supportive of the pursuit of Universal Health Coverage, but not the NHI Act in its current form;
- 2. The NHI Act is being challenged legally;
- 3. It will take a long time (estimates suggest 10 to 15 years);
- 4. Financial constraints;
- 5. Substantial room for the role of medical schemes even if implemented (due to the financial constraints);
- 6. Minister of Health: "Please don't cancel your medical aid";
- 7. Ramaphosa opens door to revisit NHI, tells Motsoaledi it is time to talk 16 September 2024.

CONCLUSION

You are in good company; Formidable Scheme that has stood the test of time;

O2 Strong focus on wellness;

04

06

03 Better value is Bankmed's differentiator;

Collaboration and partnership enables co-creation of tailored healthcare solutions;

Enjoying leadership reinforced by access to expertise and business acumen of bankers;

110 Years Strong: Our Legacy, Your Health.





Benefits and Contributions

Dr. Niri Naidoo

Clinical & Operations Executive





DISCLAIMER



Bankmed Medical Scheme benefit changes and contribution increases approved by the Bankmed Board of Trustees in compliance with all governance processes.

*Bankmed Medical Scheme benefit changes and contribution increases subject to the Council for Medical Schemes (CMS) approval.



2025 Contribution Increases



AVERAGE CONTRIBUTION INCREASES | 2011 – 2024

Bankmed vs Seven Open Schemes

	Bankmed	Average Open Schemes
2011	7.2%	10.2%
2012	7.1%	9.1%
2013	6.9%	9.2%
2014	6.9%	9.1%
2015	7.9%	9.5%
2016	7.8%	9.4%
2017	7.8%	11.0%
2018	8.1%	9.9%
2019	7.9%	10.0%
2020	7.3%	9.7%
2021	3.6%	5.5%
2022	3.2%	5.1%
2023	7.7%	7.7%
2024	8.5%	10.4%





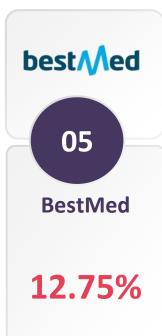
AVERAGE CONTRIBUTION INCREASES | 2025 | INDUSTRY

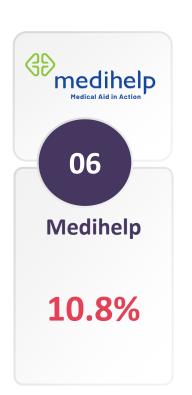






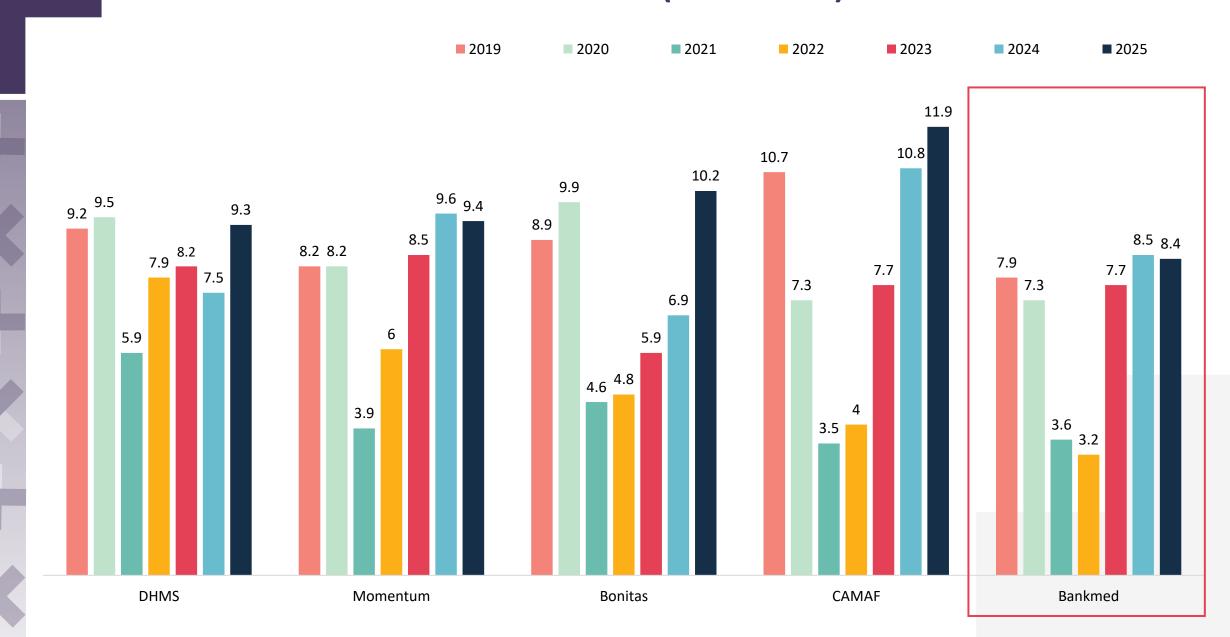






+ Bankmed

ANNUAL INCREASE COMPARISONS (2019-2025)



2025 BANKMED CONTRIBUTION | INCREASES



Plan	2018 Increase	2019 Increase	2020 Increase	2021 Increase	2022 Increase	2023 Increase	2024 Increase	2025 Increase
Essential	6%	5.5%	5%	2.5%	1.0%	6.5%	6.1%	5.0%
Basic	6.5%	6.5%	6%	2.5%	1.0%	6.5%	7.3%	6.0%
Core Saver	7.5%	7.4%	7%	3.5%	3.5%	7.9%	8.7%	8.8%
Traditional	8.25%	7.4%	7%	3.5%	3.5%	7.9%	8.7%	8.8%
Comprehensive	8.5%	8.5%	7.8%	3.9%	3.5%	7.9%	8.7%	8.8%
Plus	8.75%	9%	8%	3.9%	3.5%	8%	8.7%	9.0%
Average	8.1%	7.9%	7.3%	3.6%	3.2%	7.7%	8.5%	8.4%

Annual limits of many medical categories will be increased generally by 4.75%

4 Bankmed Yours in good health

Plan structure

A PLAN TO SUIT EVERYONE



Top of the range Plan with savings and an ATB Plus (safety net) for when savings are exhausted Plan with a comprehensive range of benefits paid from both **Comprehensive** insured and savings out-of-hospital Network Plan with a wide range of benefits with annual insured sub-**Traditional** limits for day-to-day expenses Predominantly a Hospital Plan with a small savings component for **Core Saver** day-to-day expenses Wide range of Primary Care benefits (including non PMBs) available via the Basic **GP Entry Plan Network Essential** Lean, low-cost Plan. Benefits limited to PMBs only available via the GP Entry Plan Network **Managed Care Programmes** Wellness-Based Incentive Programme, **Balance and Active Rewards is available** Rich spectrum of Wellness and to all members **Preventive Care Benefits**

Contributions

CORE SAVER, TRADITIONAL, COMPREHENSIVE AND PLUS PLAN OVERVIEW **Bankmed Yours in good bealth

Plan Benefits	Core Saver Plan	Traditional Plan	Comprehensive Plan	Plus Plan	
Positioned for	Young, healthy members with relatively low healthcare needs. Limited MSA for day-to-day expenses	Network Plan with comprehensive medical cover to meet moderate to high healthcare needs.	Plan suitable for moderate to high healthcare needs for members who want a savings component	Designed for moderate to high healthcare needs for members who want a savings component and ATB	
Wellness and Preventative Care Benefits	Rich spectrum	Rich spectrum	Rich spectrum	Rich spectrum	
Medical Savings Account	Yes	No	Yes	MSA + ATB	
GP Network	Yes	Yes	Yes	Yes	
Specialist Network	Yes	Yes	Yes	Yes	
GP Specialist Referral	Yes	Yes	No	No	
Hospital Network	No	Yes	No	No	
Managed Care Programmes	PMB level of cover	Cover for both PMBs and Non-PMBs, subject to pre-authorisation			
Optometry Benefit	Subject to MSA	Insured	Insured / MSA	MSA / ATB	
Basic Dentistry	Subject to MSA	Yes	Yes	MSA / ATB	
Dental Admissions	Emergency/PMB cover only	R 2 405			



2025 Benefit Enhancements

THE PRINCIPLES BEHIND THE ANNUAL REVIEW INCLUDE THE FOLLOWING:

01

To **enhance benefits/innovation**- these do come at a cost but are necessary to remain competitive and be the medical scheme of choice for the Financial Services Sector;

02

To **optimise Risk Management** in order to keep contribution increases low;

03

To consider a **tiered differentiation in benefits** between Plans especially for the "discretionary benefits" where members perceive value and would therefore consider higher premiums justifiable;

04

To lower out of pocket payments;

05

To **improve** member experience;

06

To ensure alignment of benefits with Clinical Best Practice.



NHANCEMENTS INFORMED BY





A fine balancing act
between Benefit
Enhancements,
Affordability, Inflationary
challenges and Scheme
Sustainability



Learnings from the
Pandemic: focus on
Digital/Remote Healthcare
Initiatives and appropriate
Settings of Care



Principles of Value-Based Contracting, Clinical Risk Management and Clinical Best Practice



Member-centric philosophy of Bankmed



Employer Group Requests



Wellness
Screening
Enhancements



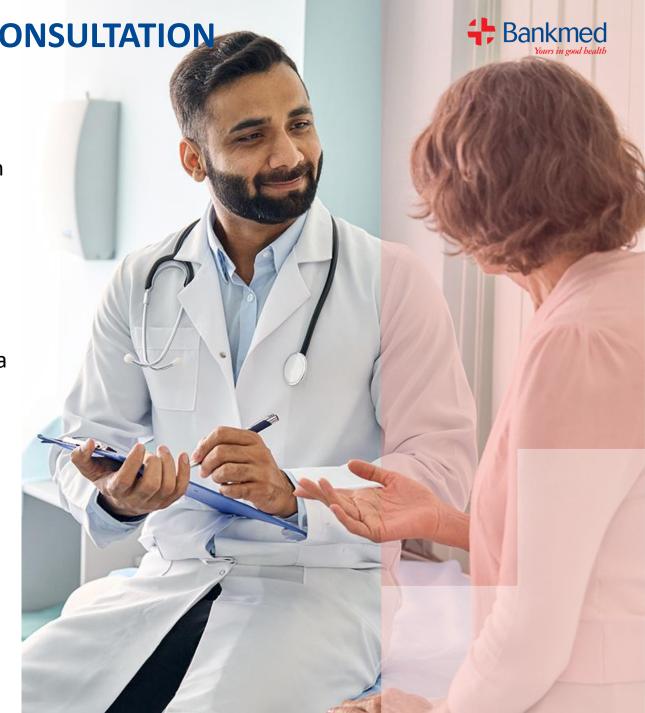
POST PHA: PREMIER PLUS GP CONSULTATION FROM RISK

 When a member is flagged as high risk for Hypertension, Diabetes, Hyperlipidaemia and/or high BMI, post PHA screening, the member is encouraged to consult a GP to confirm the diagnosis;

 2024: Network GP Consultation is subject to day to day benefits;

• **2025**: 1 Network GP consult from risk benefit within a specified time frame (6 week period) post PHA if member is risk rated high:

- Once the diagnosis is confirmed by the Network GP, the member can enroll onto chronic medication and the managed care programme where available;
- In addition, a Basket of Care will open up allowing the member to be followed up for the chronic condition.







- 2024: The PHA benefit is applicable to 18 years and older;
- 2025: Extension of benefit to 16 years and older;
- **Objective:** to identify risks earlier including a high BMI so that members can access the additional risk benefits if identified as high risk (1 Network GP consult, 2 Biokinetist and 2 Dietician consults).



CHILD OBESITY SCREENING ASSESSMENT FOR BENEFICIARIES AGED 9-15

- Childhood obesity has reached epidemic levels in developed as well as in developing countries;
- The problem is global and is steadily affecting many low and middle income countries, particularly in urban settings;
- Overweight and obesity in childhood are known to have a significant impact on both physical and psychological health. Overweight and obese children are likely to stay obese into adulthood and more likely to develop non-communicable diseases like diabetes and cardiovascular diseases at a younger age;
- The mechanism of obesity development is not fully understood and it is believed to be a disorder with multiple causes. Environmental factors, lifestyle preferences, and cultural environment play pivotal roles in the rising prevalence of obesity worldwide;
- An Online Screening tool via the Wellness Network will be available to assess children at risk for childhood obesity. If risk rated high, the child will have access to the same follow ups as an adult (Dietician, Biokineticist and Network GP).





Chronic Disease Management

Continuous
Glucose
Monitoring for
Type 2 Diabetics



CONTINUOUS GLUCOSE MONITORING (CGM) FOR TYPE 2 DIABETICS

- This initiative is intended to expand care in line with new treatment modalities and to improve healthcare quality and outcomes;
- A 1% reduction in HbA1c in Type 2 Diabetes results in the following:
 - A 19% reduction in Cataracts;
 - A 43% reduction in amputations or death due to Peripheral Vascular Disease;
 - A 14% reduction in Myocardial Infarction;
 - A 16% reduction in Heart Failure.
- Currently: CGM only available to members registered for Type 1 Diabetes;
- **2025**: Expansion of CGM to Type 2 Diabetics who require intensive insulin therapy (defined as taking a bolus insulin before every meal and a basal insulin once daily) i.e. entry criteria need to be met.

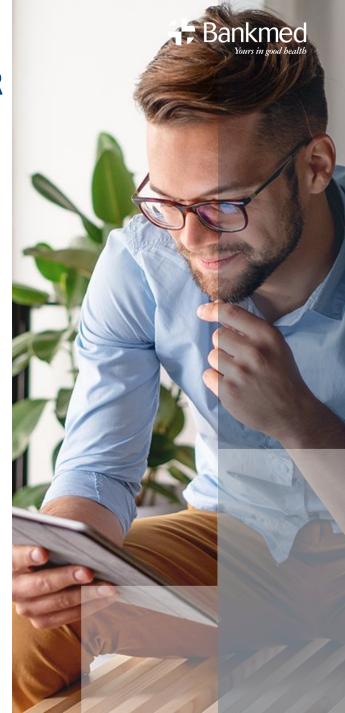


Mental Health Management Programme Enhancements



MENTAL HEALTH MANAGEMENT PROGRAMME ENHANCEMENTS | GENERALIZED ANXIETY DISORDER

- **Depression** is the only condition managed by the Mental Health Management Programme currently;
- **2025**: The Programme will be expanded to include Generalized Anxiety Disorder:
 - Members claiming for Anxiety identified through a defined list of ICD-10 codes will be able to access care when they are enrolled by their Premier Plus GP/Network Psychologist upon completion of the GAD-7 assessment;
 - Once they meet the criteria, they can access the following benefits in the Basket of Care (BoC) paid from risk:
 - 3 GP consultations;
 - Prescribed SSRIs (Antidepressant) x 6 months and/or Diazepam for 10 days;
 - Up to 3 individual psychotherapy sessions or 9 group therapy sessions;
 - One course of Internet-based Cognitive Behavioural Therapy (iCBT).



MENTAL HEALTH MANAGEMENT PROGRAMME ENHANCEMENTS | AT RISK CONSULTATION

- **Early identification** of **Depression** and **Anxiety** is a key risk reduction strategy and can be achieved with an emphasis on mental wellbeing screening, and early intervention when flagged as high risk;
- This initiative will introduce a **single risk funded consult** with a Premier Plus GP or Network Psychologist if the member has completed a PHQ-9 or GAD-7 assessment and has a score of >9, and is **not currently enrolled** on the Mental Health Management Programme or registered for Depression;
- The nature of the consultation (virtual or face-to-face) will be determined by symptom severity (moderate to severe);
 - A score of 10-14: virtual consult and;
 - A score of ≥ 15: virtual or face-to-face consultation.



MENTAL HEALTH MANAGEMENT PROGRAMME ENHANCEMENTS | AT RISK CONSULTATION

- The Premier Plus GP and Network Psychologist will be able to assess the member, make a diagnosis and register them on the appropriate benefit and/or Programme, where applicable. The process will be facilitated by a call from a mental health coach;
- The member will receive WhatsApp and/or Email communication to facilitate utilization of this consultation.





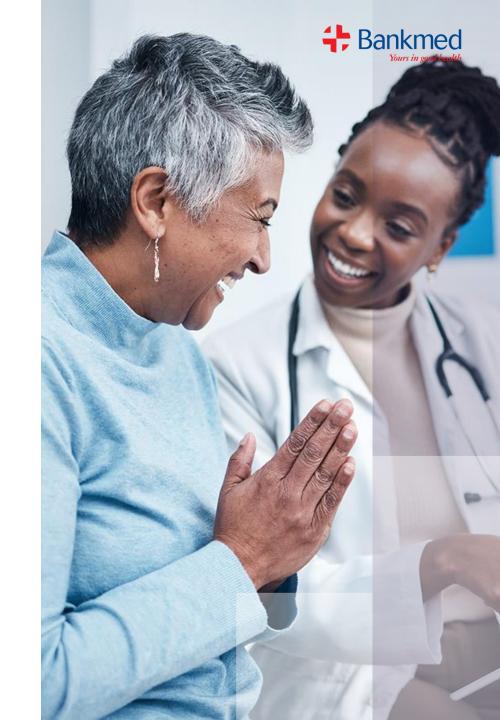
Enhancements to the Dementia Benefit

DEMENTIA BENEFIT ENHANCEMENTS

 Dementia is a general term for loss of memory, language, problem-solving and other thinking capabilities that are severe enough to impact daily life;

2025 Enhancements:

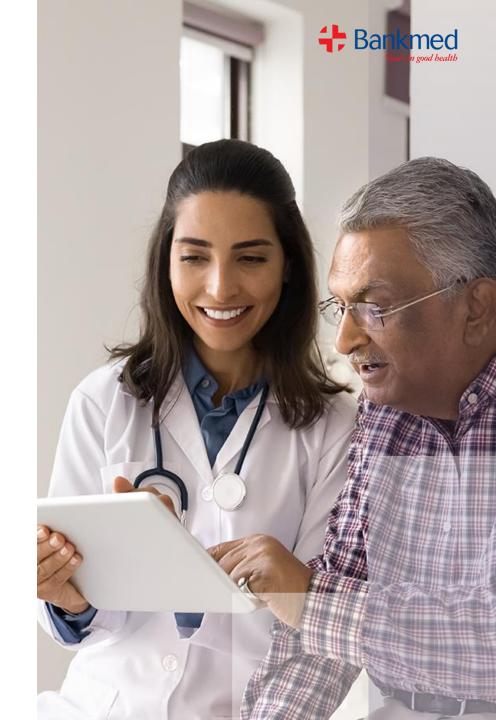
- Extension of chronic cover for Alzheimer's to members on the
 Traditional Plan who meet clinical entry criteria subject to the
 clinical protocols. Currently chronic cover is available to members
 on the Comprehensive and Plus Plans only;
- A consultation from risk for an Occupational Therapist (OT) or Psychologist in those areas where Occupational Therapists are not available for members aged 65 years and older;
- A Comprehensive Cognitive Assessment paid from risk which will be carried out by the OT/Psychologist;



DEMENTIA SCREENING

Outcome of the Cognitive Assessment based on the score after the assessment:

- No Alzheimer's: nothing further required;
- Mild/early Alzheimer's: annual follow ups with the
 OT/Psychologist are required to monitor disease progression;
- Moderate to severe Alzheimer's: referral to a
 Neurologist/Physician or Psychiatrist to assess the patient and
 decide on the next steps in management e.g. does the member
 qualify for chronic medication? The OOH benefits will apply for the
 specialist consultation.



Myasthenia
Gravis
Chronic Cover
Enhancement



MYASTHENIA GRAVIS CHRONIC COVER ENHANCEMENT

- Myasthenia Gravis is a chronic autoimmune disorder in which antibodies destroy the communication between nerves and muscle, resulting in weakness of the skeletal muscles.
 Myasthenia Gravis affects the voluntary muscles of the body, especially those that control the eyes, mouth, throat and limbs;
- Myasthenia Gravis is not a PMB CDL condition. As a result the chronic medication currently is subject to the chronic limit together with other conditions the member may have including PMB conditions;
- 2025: Chronic medication for Myasthenia Gravis will be paid in full, subject to clinical entry criteria i.e. no impact to the chronic limit (standalone insured limit).





Speech Processor
Upgrade Benefit
Enhancement

I PROCESSOR UPGRADE BENEFIT ENHANCEMENT



Speech Processor: component of a Cochlear Implant

2024 Benefit:

- Available to members on the top 3 plans only;
- 80% of Scheme Rate limited to R161 470 over a 3 year cycle. The cycle was a 5 year cycle previously. The change to a 3 year cycle was tabled as an enhancement and approved at the July 2022 Benefit Design Board meeting and implemented on 1st January 2023. The proposal for the replacement cycle for speech processors to be shortened from five years to three years was to align with changes in the underlying technology.

2025 Benefit: 100% of Scheme Rate subject to the rand limit (top 3 plans only).

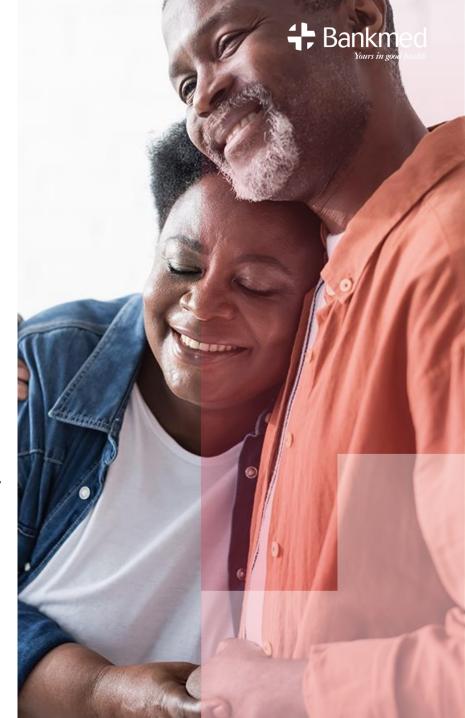




End of Life Care

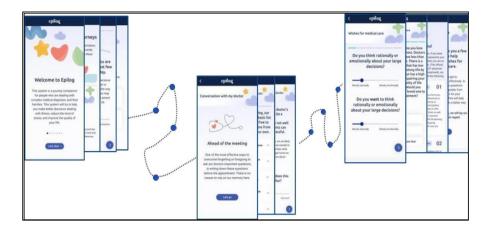
EPILOG

- Epilog has developed a digital tool for people dealing with advanced illness. The tool uses behavioural science and was developed in collaboration with a leading expert, Prof Dan Ariely, Professor of Psychology and Behavioural Economics at Dukes University;
- Epilog engages digitally with people to build **trusting relationships** and uses behavioural economics to **engage people** in making timely transitions to palliative (or needs based) care;
- The journey provides a member with early and personalised support based on what they want, taking into consideration their life circumstances;
 - The journey is patient centric and holistic and designed specifically for a person diagnosed with an advanced illness.
- The intention is to shift them from managing their disease to life management and transitions in care focusing on quality of life;
- Epilog provides access to compassionate technology which assists in driving higher adoption rates;



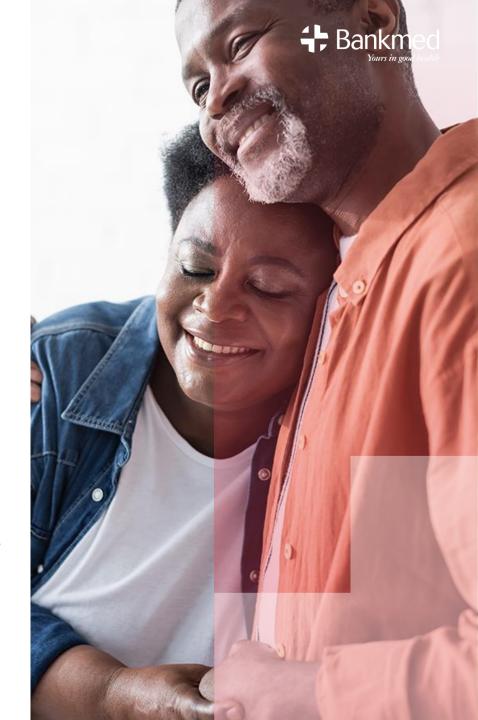
EPILOG

• The Epilog journey uses a **WhatsApp interface to engage** and message members. Below is a view of what Epilog will look like to a member engaging on the journey:



Objectives:

- To reach more members and provide them with support in their times
 of need through the introduction of a digital tool;
- To engage members earlier in their journey;
- To increase enrolment on the Advanced Illness Member Support
 Programme and on the Advanced Illness Benefit.

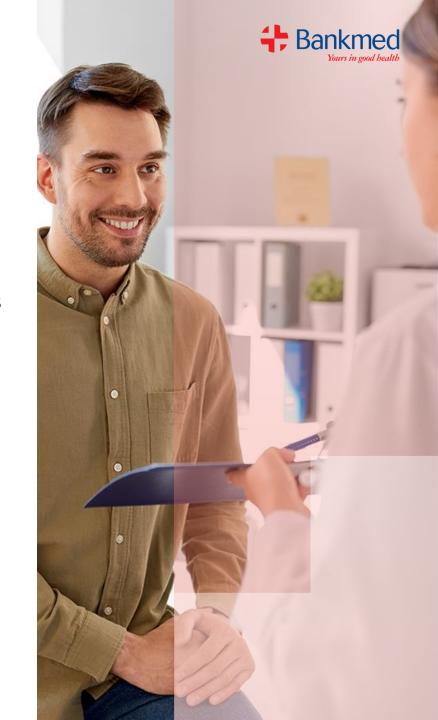


Bankmed

Health Quality
Assessment
(HQA)

WHAT IS HEALTH QUALITY ASSESSMENT?

- Benchmarking exercise in the funding industry
- Highlights key quality issues in the SA medical scheme industry
- Drives improvement in the delivery of evidence-based medicine
- 18 schemes participated in 2023 HQA from seven different Administrators
- Comprised of 132 benefit options
- Represented 7,17 million beneficiaries
 (82,10% of the medical scheme population)
- 220 Indicators in four categories were evaluated, namely:
 - Prevention and Screening
 - Hospitalisation
 - Maternity and Newborn
 - Chronic Disease Management









Primary Care (Including Screening)

	Indicator	Bankmed	Industry	Benchmark
Prevention	Flu vaccine coverage > = 65years (%)	25.34%	19.25%	44%
	Pneumococcal vaccine coverage ≥ 65 years old (%)	14.92%	5.90%	N/A
Screening	Cervical Cytology coverage (previous 3 years) (%)	35.43%	30.30%	70%
	Mammogram coverage (ages 50-74 years in previous 2 years) (%)	39.81%	24.28%	67%
	Bone densitometry coverage for all females aged 65 years or older (%)	20.97%	8.89%	N/A
	Colorectal cancer screening ≥ 50 years in previous year (FOBT, %)	1.84%	1.10%	N/A
	Percentage of beneficiaries ≥ 2 years old visiting dentists	30.02%	22.17%	N/A





Chronic Disease Management

	Indicator	Bankmed	Industry	Benchmark
Diabetes	HbA1c coverage for Diabetic patients (%)	69.48%	72.08%	67.2%
	Cholesterol related tests coverage for Diabetic patients (%)	72.72%	67.52%	87%
	Monitoring Nephropathy for Diabetic patients (%)	75.77%	74.01%	95.7%
	Podiatrist cover (%)	6.86%	4.12%	68.5%
	Statin coverage (%)	66.19%	66.05%	80.6%
	% of Hypoglycaemia related hospital events	0.64%	0.72%	N/A
	Lower Limb amputations per 1 000 Diabetics	3.90	3.68	N/A





BANKMED COMPARED TO INDUSTRY | 2023

Chronic Disease Management

	Indicator	Bankmed	Industry	Benchmark
	Aspirin coverage for IHD beneficiaries (%)	90.75%	77.71%	88.6%
	Cholesterol test coverage for IHD beneficiaries (%)	74.70%	63.90%	88.9%
Ischaemic Heart Disease	Statin Coverage for IHD beneficiaries (%)	85.85%	80.49%	N/A
Disease	Beta blocker coverage	56.30%	54.30%	90%
	Flu coverage of IHD registered beneficiaries	21.83%	19.10%	39.1%
Asthma	Lung function test coverage	13.56%	10.68%	40%
	Flu vaccine coverage	12.31%	11.41%	45.1%





+ Bankmed

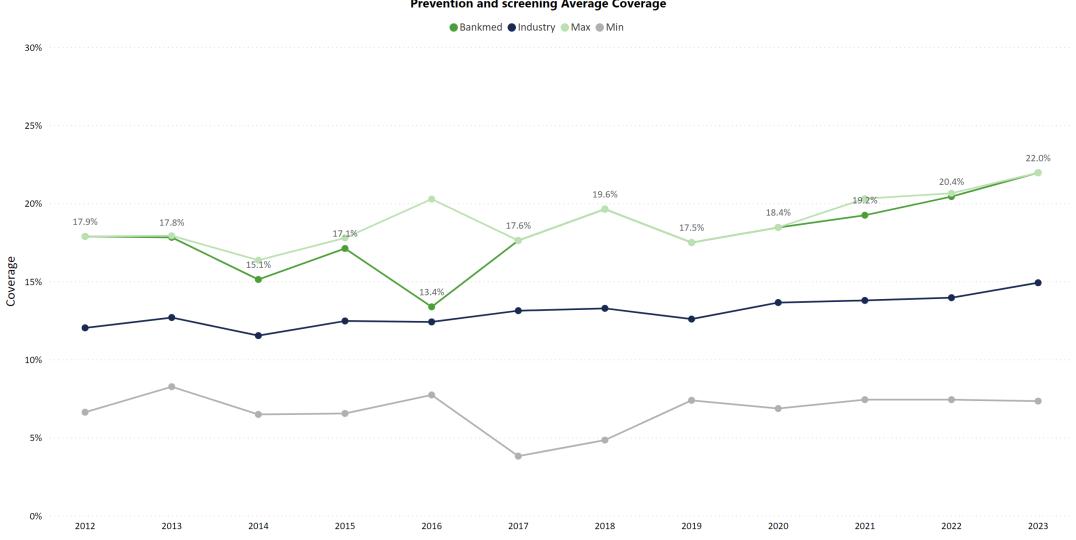
Maternal and New-born

	Indicator	Bankmed	Industry
Maternal and New-born	Number of Teenage Pregnancy (10-19 years inclusive) cases per 1 000 teenage beneficiaries	1.35	2.84
	TSH Coverage in New Borns (≤ 6 weeks old) (%)	94.09%	81.15%
	Hepatitis B serology coverage during pregnancy	72.29%	56.67%
	HIV Screening during pregnancy	78.93%	63.20%
	Haemoglobin (Hb) test coverage during pregnancy	88.64%	80.07%
	Caesarean Section rate	78.04%	75.81%

HQA | BANKMED VS INDUSTRY

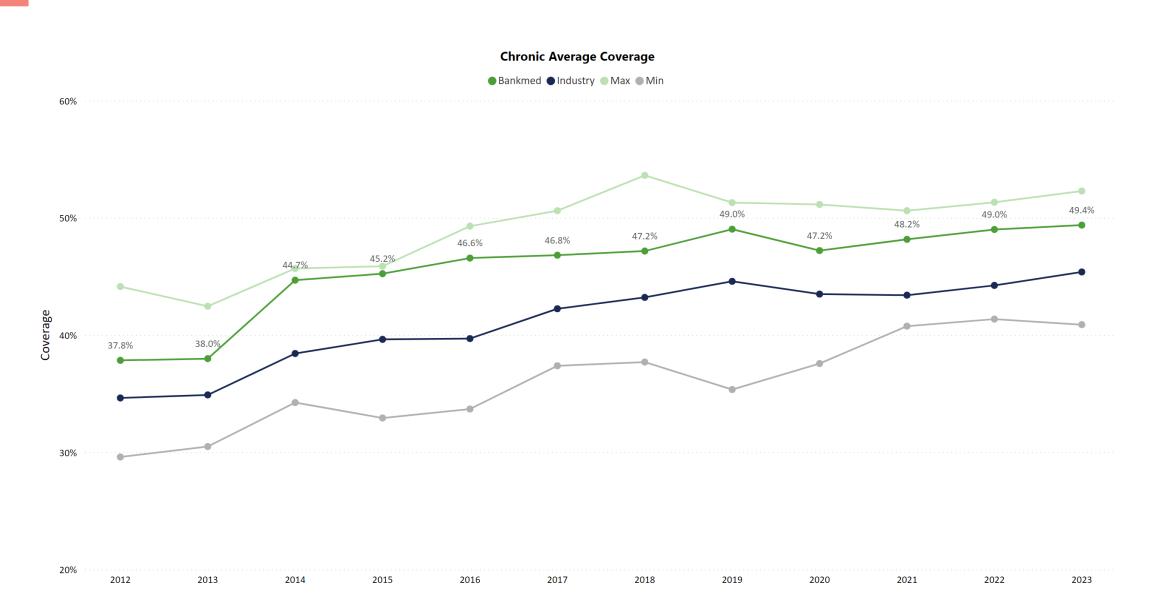






HQA | BANKMED VS INDUSTRY







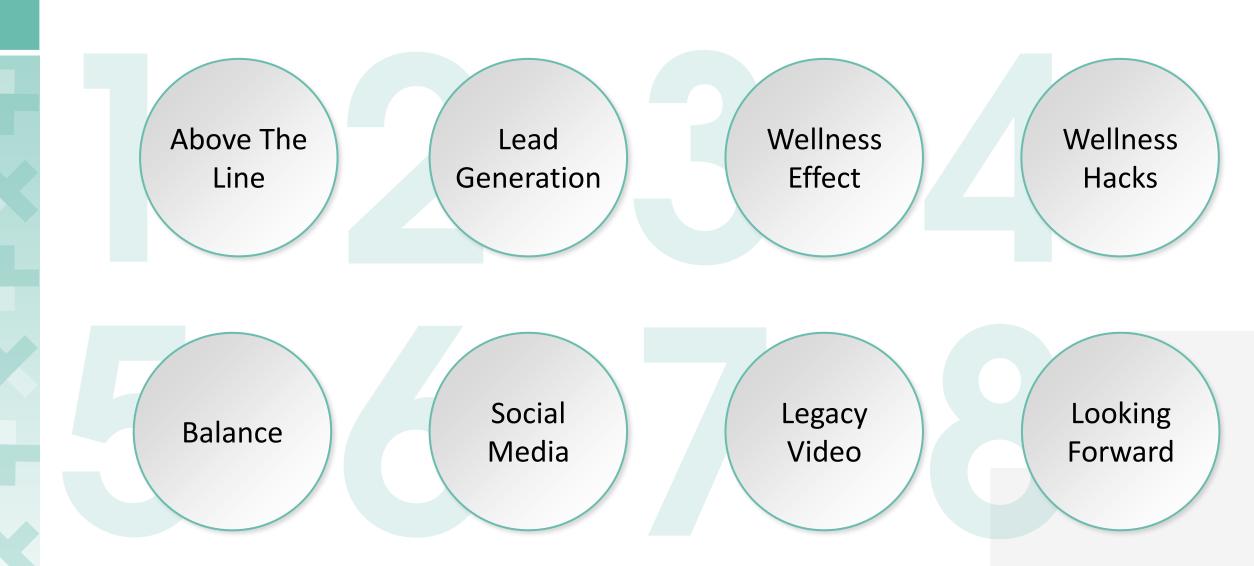
Communications Update

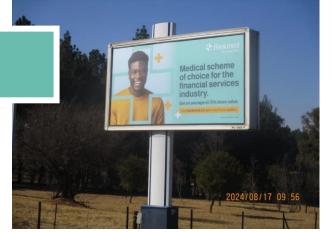
Natalie Schubach

Head of Communication

2024 COMMUNICATION HIGHLIGHTS

















BILLBOARDS

TELEVISION AND RADIO



DSTV Channels:

Moja Love

Mzansi Magic

Newzroom Afrika

SS Blitz

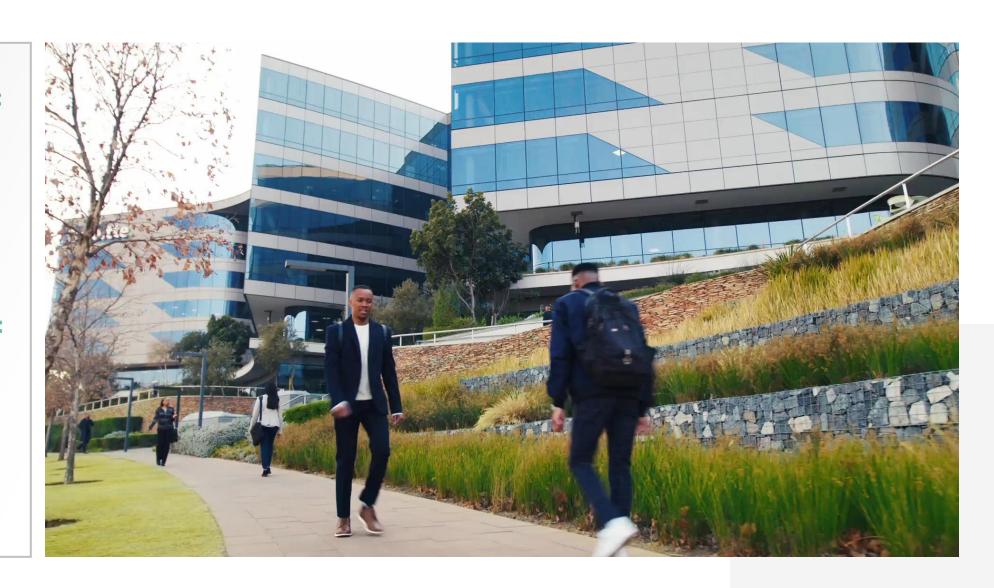
Radio channels:

Kaya FM

Power 8.7

702

94.7

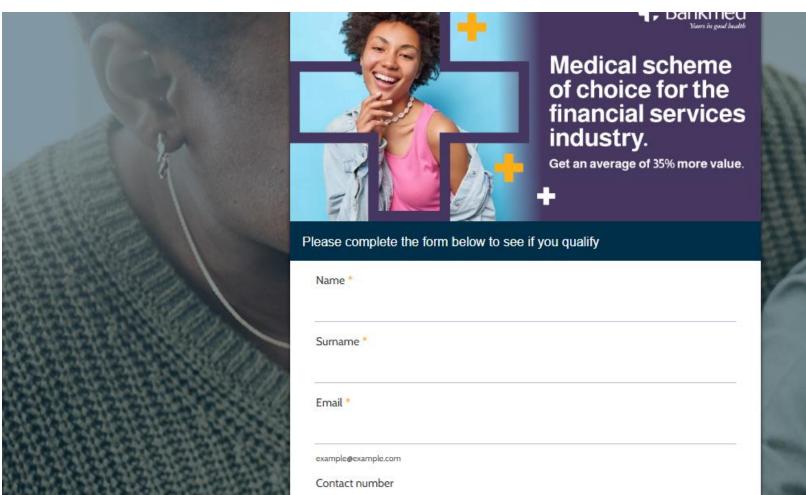




Medical scheme of choice for the financial services industry.

Get an average of 35% more value.

Click here to see if you qualify.



THE

WELLNESS HACKS















Healthy Food

- Earn your HealthyFood rewards in-store and online with Checkers and Checkers Sixty60, Woolworths instore and online, Woolies app and Woolies Dash
- Enjoy up to 15% back on thousands of HealthyFood items.
- We've also increased your monthly spend limits: R5,000 for families and R2,500 for single members

Active Gear

- You can get up to 15% off qualifying sports gear and equipment at Sportsmans Warehouse or Totalsports every month
- Boxing gloves, padel gear, yoga mats... get up to 15% off everything you need to exercise anywhere
- Please note: From August 2024, your discount will apply to the first R1,000 of spend per month, meaning you can enjoy up to 15% off R12,000 worth of qualifying sports gear and equipment every year at Sportsmans Warehouse or Totalsports

SOCIAL MEDIA















LOOKING FORWARD

2025 next steps

- Bankmed App and website enhancements and integration
- Grow Bankmed's brand equity in the open market
- Grow the lead generation capability to grow Bankmed
- Advertise our better value proposition to the Financial Services sector
- Increase our PR and thought leadership influence
- Support Employer Group clients through integration and understanding of their environments
- Enhanced member journey's across all communication channels
- Continue to find innovative ways to reach members
- Focus our communication's to members that highlight
 CONNECTION and UNDERSTANDING





Yours in good health



Client Management Update

Jannus van der Walt

Senior Manager | Client Management



ROLLOUT AND SUPPORT

















2025
Benefit &
Contribution
Launch
Rationale

Employee
Wellbeing
& Human
Capital
Community
Upskilling

Employer Internal Communication Channels

Planned &
Approved Onsite
& Online
Presentations
Supported
by Virtual
1-1 Consultations

National Roadshow for Retirees

Online Plan
Selection Guide
Supported by
FAIS Accredited
Consultants

Fieldwork &
Festive Season
Closure 1
October 2024
to 17 January
2025





www.bankmed.co.za



0800 BANKMED (0800 226 5633)



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Bankmed App



LinkedIn im



Instagram (°)



AskBankmed (S)



