



Chronic Illness Benefit medicine list (Formulary) 2025 for the Essential and Basic Plans

Who we are

Bankmed (referred to as "the Scheme"), registration number 1279, is a non-profit organisation, registered with the Council for Medical Schemes. Discovery Health (Pty) Ltd (referred to as "the administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07) which takes care of the administration of your membership for the Scheme.

Important information

The information contained in this document might change from time to time. Any changes to the way we fund medication will be communicated.

The Chronic Illness Benefit (CIB) is defined by the Bankmed Scheme Rules. The use of the benefits, and programmes linked to CIB are subject to specific conditions and rules. Members must ensure that they know these rules and conditions.

Any instructions or advice on medication, and managing the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's Healthcare Professional or pharmacist.

You receive full cover for approved chronic medication on our medicine list (formulary). Medication that is not on our medicine list will be funded up to the Reference Price for that medication class. You might have a co-payment for medication that is not on our medicine list.

Bankmed reserves the right to amend the benefit at any time.

About some of the terms we use in this document

There might be some terms we refer to in the document that you might not be familiar with. Here are the definitions of these terms:

Active ingredient

This is the main substance in a medication that is responsible for the clinical action in the human body.

Additional Disease List (ADL)

An additional chronic condition covered on the Bankmed Basic Plan.

Benefit year

A benefit year refers to the benefits a member is entitled to during a calendar year that is 01 January to 31 December. This medicine list (formulary) is applicable for 2025 only.

Chronic Disease List (CDL)

A defined list of chronic conditions we cover, according to Prescribed Minimum Benefits (PMBs).

Medication class

This describes medications that have similar chemical structures or similar therapeutic effects.

PMB conditions

These are conditions which all medical schemes are required to cover by the Council for Medical Schemes (CMS) for any setting according to clinical guidelines.

Reference Price

The Reference Price is the set monthly amount we will pay up to for a medication class. This applies to medication that is not on the medicine list.



The Chronic Disease List (CDL) medicine list (formulary) for the Essential and Basic Plans

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Addison's disease	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort	10mg
	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate	0.1mg
Asthma	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose	12mcg/dose
	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose Ventimax CFC free 200 dose	100mcg 100mcg
	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara	200mg; 300mg
	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose	160/4.5mcg
	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose	100/5mcg; 200/5mcg
	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose	20mcg
Bipolar mood disorder	Anti-depressants: SSRI's	Citalopram	Beclate 200 dose Beclomethasone Glenmark 200 dose	50mcg; 100mcg; 200mcg
			50mcg; 100mcg; 200mcg	
			Budesonide	Aeromide 300 dose Budeflam HFA 300 dose
				200mcg 100mcg; 200mcg
		Salmeterol and Fluticasone	Salmeterol and Fluticasone	Sereflo HFA 120 dose Sereflo HFA synchrobreathe 120 dose
				25/50mcg 25/50mcg
			Prednisone	Be-Tabs Prednisone Panafcort Trolie
	Anti-epileptics: Carboxamide derivatives	Escitalopram	Adco-Talomil Citalopram 20 Oethmaan	20mg 20mg
			Depramil Tamomilt	20mg 20mg
			Accord Escitalopram Dolin	10mg; 20mg 10mg; 20mg
			Emerydyne Esetam Zyescito	10mg; 20mg 10mg; 20mg 10mg; 20mg
	Anti-epileptics: Fatty acid derivatives	Fluoxetine	Fluoxetine 20 Oethmaan Zydus Fluoxetine	20mg 20mg
			Sertraline	Dyna Sertraline Tralidep
				50mg; 100mg 50mg; 100mg
			Carbamazepine	Degranol Partid Tegretol CR
	Anti-epileptics: Other agents	Valproic acid		200mg 200mg 200mg; 400mg
		Lamotrigine	Dyna-Lamotrigine Epitec Lamitor	25mg; 50mg; 100mg; 200mg 25mg; 50mg; 100mg; 200mg 25mg; 50mg; 100mg; 200mg

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Bipolar mood disorder	Anti-epileptics: Other agents	Lamotrigine	Lamorola 25mg; 50mg; 100mg; 200mg
			Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
			Serinem 25mg; 50mg; 100mg; 200mg
	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg
	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
			Nezolap 5mg; 10mg
			Olandus 5mg; 10mg
			Olexar 5mg; 10mg
			Zolanz 5mg; 10mg
	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
			Dopaquel 25mg; 100mg; 200mg; 300mg
			Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
			Quesara 25mg; 100mg; 200mg; 300mg
			Quetz 25mg; 100mg; 200mg; 300mg
			Torquit 25mg; 100mg; 200mg; 300mg
			Zimbiquet 25mg; 100mg; 200mg; 300mg
	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
		Zuclopentixol	Fluanxol depot 1ml 20mg
			Clopixol 2mg; 10mg
			Clopixol depot 200mg
	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
	Alebon 5mg; 10mg; 15mg		
	Aprizon 5mg; 10mg; 15mg		
	Arizofy 5mg; 10mg; 15mg		
	Priprin 10mg; 15mg		
	Radzil 5mg; 10mg; 15mg		
	Thryve 5mg; 10mg		
	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
	Rispacor 0.5mg; 1mg; 2mg; 3mg		
	Rispide 0.5mg; 1mg; 2mg		
	Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg		
	Zoxadon ODT 0.5mg; 1mg; 2mg		
Bronchiectasis	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
	Ventimax CFC free 200 dose 100mcg		
	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolic 5mg
Cardiac failure	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Trexeva Plus 5/1.25mg
	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
		Enalapril	Enalapril Arya 5mg; 10mg; 20mg
		Hypace 5mg	
		Natrapress 10mg; 20mg	
		Tenezil 10mg; 20mg	

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Cardiac failure	ACE inhibitors: Plain	Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg Lizro 5mg; 10mg; 20mg Perindopril Reprex 4mg; 8mg	
		Carvedilol	Carloc 6.25mg; 12.5mg; 25mg Carvedilol Unicorn 6.25mg; 12.5mg; 25mg Rubitrend 6.25mg; 12.5mg; 25mg	
		Losartan and diuretics Combinations	Annin co 50/12.5mg; 100/25mg Astell Losartan co 50/12.5mg Co-Normoten 50/12.5mg; 100/25mg Hylokat 50/12.5mg; 100/25mg Losaar Plus 50/12.5mg; 100/25mg Sartoc-co 50/12.5mg; 100/25mg Zartan co 50/12.5mg; 100/25mg	
	Angiotensin II antagonists: Plain		Annin 50mg; 100mg Astell Losartan 50mg; 100mg	
			Hydralazine Hydralazine HCl 25 Kiara 25mg Hyperphen 10mg; 50mg	
	Beta blocking agents: Selective		Adco-Bisocor 5mg; 10mg Biloblok 5mg; 10mg Bilocor 5mg; 10mg Bislo 5mg; 10mg Bisoprolol Unicorn 5mg; 10mg Emcor 5mg; 10mg Presicard 5mg; 10mg	
			Digoxin Lanoxin 0.0625mg; 0.25mg Lanoxin paediatric/geriatric syrup 0.05mg/1ml	
			Furosemide Defulide 40mg Furobe 40mg	
			Hydrochlorothiazide Gulf Hydrochlorothiazide 25mg Hexazide 25mg Ridaq 12.5mg	
			Indapamide Adco-Dapamax 2.5mg Cipla-Indapamide 2.5mg Daptril 2.5mg Mylan Indapamide 2.5mg	
			Spironolactone Aldactone 25mg Spiractin 25mg Spironolactone 25mg Accord 25mg Spironolactone 25 Kiara 25mg	
			Potassium chloride Plenish-K SR 600mg Ultipot 600mg	
	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate Isosorbide dinitrate Kiara 5mg; 10mg		
		Isosorbide mononitrate Ismo 20mg Monicor SR 60mg		
		Enalapril and diuretics Acenten 20/12.5mg Perindopril and diuretics Trexeva Plus 5/1.25mg		
		Captopril Mylan Captopril 25mg; 50mg Enalapril Enalapril Arya 5mg; 10mg; 20mg Hypace 5mg Natrapress 10mg; 20mg Tenezil 10mg; 20mg		
	Lisinopril Adco-Zetomax 5mg; 10mg; 20mg			

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength		
Cardiomyopathy	ACE inhibitors: Plain	Lisinopril Perindopril	Lizro Reprex	5mg; 10mg; 20mg 4mg; 8mg	
	Alpha and Beta blocking agents	Carvedilol	Carloc Carvedilol Unicorn Rubitrend	6.25mg; 12.5mg; 25mg 6.25mg; 12.5mg; 25mg 6.25mg; 12.5mg; 25mg	
	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co Austell Losartan co Co-Normoten Hylokat Losaar Plus Sartoc-co Zartan co	50/12.5mg; 100/25mg 50/12.5mg 50/12.5mg; 100/25mg 50/12.5mg; 100/25mg 50/12.5mg; 100/25mg 50/12.5mg; 100/25mg	
			Annin Austell Losartan	50mg; 100mg 50mg; 100mg	
			Warfarin	Cipla-Warfarin Segavin Warfarin 5mg Austell Warfarin 5 Unicorn	5mg 5mg 5mg 5mg
			Hydralazine	Hydralazine HCl 25 Kiara Hyperphen	25mg 10mg; 50mg
			Acetylsalicylic acid	Coprin Trinprin	100mg 100mg
			Bisoprolol	Adco-Bisocor Biloblok Bilocor Bislo Bisoprolol Unicorn Emcor Presicard	5mg; 10mg 5mg; 10mg 5mg; 10mg 5mg; 10mg 5mg; 10mg 5mg; 10mg 5mg; 10mg
			Digoxin	Lanoxin Lanoxin paediatric/geriatric syrup	0.0625mg; 0.25mg 0.05mg/1ml
			Furosemide	Defulide Furobe	40mg 40mg
	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide Hexazide Ridaq	25mg 25mg 12.5mg	
			Indapamide	Adco-Dapamax Cipla-Indapamide Dapril Mylan Indapamide	2.5mg 2.5mg 2.5mg 2.5mg
			Spironolactone	Aldactone Spiractin Spironolactone 25mg Accord Spironolactone 25 Kiara	25mg 25mg 25mg 25mg
	Potassium supplements	Potassium chloride	Plenish-K SR Ultipot	600mg 600mg	
	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara	5mg; 10mg	
		Isosorbide mononitrate	Ismo Monicor SR	20mg 60mg	
			Glenbute 200 dose Ventimax CFC free 200 dose	100mcg 100mcg	
Chronic obstructive pulmonary disease (COPD)	Adrenergics: Short acting - Salbutamol	Salbutamol	Theophylline anhydrous Kiara	200mg; 300mg	
	Anti-asthmatics: Systemic Xanthines	Theophylline			

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Chronic obstructive pulmonary disease (COPD)	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg Panafcort 5mg Trolie 5mg
Chronic renal disease	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
		Perindopril and diuretics	Trexeva Plus 5/1.25mg
	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
		Enalapril	Enalapril Arya 5mg; 10mg; 20mg Hypace 5mg Natrapress 10mg; 20mg Tenezil 10mg; 20mg
		Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg Lizro 5mg; 10mg; 20mg
		Perindopril	Reprex 4mg; 8mg
		Losartan and diuretics	Annin co 50/12.5mg; 100/25mg Astell Losartan co 50/12.5mg Co-Normoten 50/12.5mg; 100/25mg Hylokat 50/12.5mg; 100/25mg Losaar Plus 50/12.5mg; 100/25mg Sartoc-co 50/12.5mg; 100/25mg Zartan co 50/12.5mg; 100/25mg
		Losartan	Annin 50mg; 100mg Astell Losartan 50mg; 100mg
		Bisoprolol	Adco-Bisocor 5mg; 10mg Biloblok 5mg; 10mg Bilocor 5mg; 10mg Bislo 5mg; 10mg Bisoprolol Unicorn 5mg; 10mg Emcor 5mg; 10mg Presicard 5mg; 10mg
	Calcium supplements	Calcium carbonate	B-cal
	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg Gulf Folic acid 5mg
		Ferrous Sulfate	Ferrous Sulphate 75mg
Coronary artery disease	Iron bivalent, oral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml
			Equifer ampoule 5ml 100mg/5ml
			Fortihem ampoule 5ml 20mg/1ml
			Innofer ampoule 5ml 100mg/5ml
	Other anti-anemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml
			Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml
			Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml
			Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml
			Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml
			Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml
		Erythropoietin	Eprex pre-fill 2000U/0.5ml
			Eprex pre-fill 4000U/0.4ml
		Roxadustat	Evrenzo 20mg; 50mg; 70mg; 100mg; 150mg
	Vitamin D and analogues	Alfacalcidol	Zodoray 0.25mcg; 1mcg
	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
			Trinprin 100mg
	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Coronary artery disease	Beta blocking agents: Selective	Atenolol	Atenolol Arya	50mg; 100mg
			B-Block	50mg; 100mg
			Gulf Atenolol	50mg; 100mg
			Tenopress	50mg; 100mg
		Bisoprolol	Adco-Bisocor	5mg; 10mg
			Biloblok	5mg; 10mg
			Bilocor	5mg; 10mg
			Bislo	5mg; 10mg
	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Bisoprolol Unicorn	5mg; 10mg
			Emcor	5mg; 10mg
		Verapamil	Presicard	5mg; 10mg
			Adco-Zildem SR	180mg; 240mg
			Verahexal 240 SR	240mg
			Verapamil 40 Oethmaan	40mg
			Amlodipine	5mg; 10mg
	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amlodac	5mg; 10mg
			Amlodipine Unicorn	5mg; 10mg
			Amtas	5mg; 10mg
			Aprate	5mg; 10mg
			Astell-Amlodipine	5mg; 10mg
			Ciplavasc	5mg; 10mg
			Gulf Amlodipine	5mg; 10mg
			Pendine	5mg; 10mg
			Vasloc	5mg; 10mg
			Nifedipine	Cipalat Retard 20mg
	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara	5mg; 10mg
			Ismo	20mg
		Isosorbide mononitrate	Monicor SR	60mg
Crohn's disease	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid	5mg
			Gulf Folic acid	5mg
	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol	400mg; 800mg
			Pentasa	500mg
		Sulfasalazine	Salazopyrin	500mg
			Salazopyrin EN	500mg
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun	50mg
			Azathioprine PCH	50mg
	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate	2.5mg
			Methotrexate	2.5mg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg
			Panafcort	5mg
			Trolie	5mg
Diabetes insipidus	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp nasal spray 5ml Minirin melt	0.1mg/1ml 60mcg; 120mcg; 240mcg
Diabetes mellitus Type 1	***Please note that an overall monthly limit applies to Insulin across the different Insulin classes***			The overall monthly limit for Basic and Essential plans is R700.
	Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine	Apidra - cartridge 3ml	
	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Lispro	Humalog mix 25 - cartridge 3ml	
			Humalog mix 50 - cartridge 3ml	
	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir Insulin Glargine	Levemir - pre-filled cartridge 3ml	
			Optisulin - cartridge 3ml	

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Diabetes mellitus Type 1	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg Trinprin 100mg
	Blood glucose monitoring agents	Glucose strips	Glucocheck evolve test strip Glucocheck key test strip On call plus blood glucose strips On call sure blood glucose test strips Onetouch select plus test strips Test strip blood glucose clicks bionime gs550 Test strip glucose caresens n 29g Test strip glucose fora diamond blood Test strip glucose vivachek ino
	Surgical item	Lancets	Lancet blood collection needle loris Lancet fora collection needle sterile 30g Lancet fora tender needle sterile 33g Lancet freestyle test Lancet glucocheck novicheck Lancet solus v2 Lancet unilet sterile 28g Lancet unilet sterile 4cm x 6cm x 7.5cm 28g Microlet lancet
		Needles	BD micro fine plus pen needle 30g 8mm BD micro fine plus pen needle 31g BD micro fine plus pen needle 32g 4mm Droplet pen needle 8mm 31g Needle insulin fora pen 31g 5mm Needle insulin fora pen 31g 8mm Needle insulin fora pen 32g 4mm Needle insulin fora pen 32g 6mm Needle insulin pen verifine 4mmx10cmx15cm 32g Needle insulin pen verifine 4mmx10cmx15cm 33g Needle novofine
		Syringes	Syringe insulin 1.0ml with 27g needle Syringe insulin bd microfine 12.7mm 1ml 9g Syringe insulin bd microfine 1ml 8mm 30g Syringe insulin bd microfine 8mm demi 0.3ml 30g
Diabetes mellitus Type 2	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg Apex Metformin 500mg Bigsens 500mg; 850mg; 1000mg Carbuce 500mg; 850mg; 1000mg Diaphage 500mg; 850mg; 1000mg Gluconom 500mg; 850mg Mylan Metformin 500mg; 850mg; 1000mg Romidab 500mg; 850mg; 1000mg
Please note that an overall monthly limit applies to Insulin across the different Insulin classes The overall monthly limit for Basic and Essential plans is R700.			
	Anti-diabetic agents: Fast-acting Insulins	Insulin Glulisine	Apidra - cartridge 3ml
	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Lispro	Humalog mix 25 - cartridge 3ml Humalog mix 50 - cartridge 3ml
	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir Insulin Glargine	Levemir - pre-filled cartridge 3ml Optisulin - cartridge 3ml

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Diabetes mellitus Type 2	Anti-diabetic agents: Sulfonamides, urea derivatives	Gliclazide	Diaran MR 60mg
			Dynacaz MR 30mg; 60mg; 90mg
			Gliclazide MR Austell 60mg
			Gliclazide Unicorn MR 30mg
			Gluctam MR 60mg
			Glyzid MR 30mg; 60mg
	Anti-diabetic agents: Thiazolidinediones	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg
			Pioglitazone hydrochloride Macleods 15mg; 30mg
	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
			Trinprin 100mg
	Blood glucose monitoring agents	Glucose strips	Glucocard evolve test strip Glucocard key test strip On call plus blood glucose strips On call sure blood glucose test strips Onetouch select plus test strips Test strip blood glucose clicks bionime gs550 Test strip glucose caresens n 29g Test strip glucose fora diamond blood Test strip glucose vivachek ino
	Surgical item	Lancets	Lancet blood collection needle loris Lancet fora collection needle sterile 30g Lancet fora tender needle sterile 33g Lancet freestyle test Lancet glucocheck novicheck Lancet solus v2 Lancet unilet sterile 28g Lancet unilet sterile 4cm x 6cm x 7.5cm 28g Microlet lancet
			BD micro fine plus pen needle 30g 8mm BD micro fine plus pen needle 31g BD micro fine plus pen needle 32g 4mm Droplet pen needle 8mm 31g Needle insulin fora pen 31g 5mm Needle insulin fora pen 31g 8mm Needle insulin fora pen 32g 4mm Needle insulin fora pen 32g 6mm Needle insulin pen verifine 4mmx10cmx15cm 32g Needle insulin pen verifine 4mmx10cmx15cm 33g Needle novofine
			Syringes
			Syringe insulin 1.0ml with 27g needle Syringe insulin bd microfine 12.7mm 1ml 9g Syringe insulin bd microfine 1ml 8mm 30g Syringe insulin bd microfine 8mm demi 0.3ml 30g
Dysrhythmia	Anti-arrhythmics, class III - Amiodarone	Amiodarone	Hexarone 100mg; 200mg
	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
			Segavin 5mg
			Warfarin 5mg Austell 5mg
			Warfarin 5 Unicorn 5mg
	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
			Trinprin 100mg
	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
			Sotahexal 80mg; 160mg
	Beta blocking agents: Selective	Atenolol	Atenolol Arya 50mg; 100mg
			B-Block 50mg; 100mg

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Dysrhythmia	Beta blocking agents: Selective Cardiac glycosides: Digoxin Selective calcium channel blockers with direct cardiac effects	Atenolol	Gulf Atenolol 50mg; 100mg
			Tenopress 50mg; 100mg
		Bisoprolol	Adco-Bisocor 5mg; 10mg
			Biloblok 5mg; 10mg
			Bilocor 5mg; 10mg
			Bislo 5mg; 10mg
			Bisoprolol Unicorn 5mg; 10mg
			Emcor 5mg; 10mg
		Verapamil	Presicard 5mg; 10mg
		Digoxin	Lanoxin 0.0625mg; 0.25mg
			Lanoxin paediatric/geriatric syrup 0.05mg/1ml
			Verahexal 240 SR 240mg
			Verapamil 40 Oethmaan 40mg
Epilepsy	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Clonam 0.5mg; 2mg
	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
			Partid 200mg
			Tegretol CR 200mg; 400mg
			Zeptol 200mg
	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
			Convulex syrup 250mg/5ml
			Epilem crushable 100mg
			Eprole CR 200mg; 300mg; 500mg
			Navalpro CR 200mg; 300mg; 500mg
			Navalpro liquid 200mg/5ml
			Rubilim CR 200mg; 300mg; 500mg
			Valeptic CR 300mg; 500mg
	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg
	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
			Epitec 25mg; 50mg; 100mg; 200mg
			Lamitor 25mg; 50mg; 100mg; 200mg
			Lamorola 25mg; 50mg; 100mg; 200mg
			Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
			Serinem 25mg; 50mg; 100mg; 200mg
		Levetiracetam	Dyna Levetiracetam 250mg; 500mg; 750mg
			Epikett 250mg; 500mg; 750mg
			Levetiracetam Unicorn 250mg; 750mg
			Redilev 250mg; 500mg; 750mg
		Topiramate	Epimate 25mg; 50mg; 100mg
			Epitoz 25mg; 50mg; 100mg
			Toplep 50mg; 100mg; 200mg
	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
			Gulf Folic acid 5mg
Glaucoma	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Brinzolamide, combinations	Simbrinza 5ml
		Dorzolamide	Glucopress 5ml 2%
	Anti-glaucoma agents: Prostaglandin analogues	Latanoprost	Atana 2.5ml 50mcg/1ml
	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Agobrim 5ml 0.2%
			Alphagan purite 5ml 1.5mg/1ml

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Glaucoma	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timolol 0.5% w/v fdc 5ml 0.5%
			Timoptol 5ml 0.5%
			Timoptol-xe 2.5ml 0.5%
	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Aglatan 2.5ml
			Azarga 5ml
			Brimoct co 5ml 2mg/5mg
			Co-Atana 2.5ml
			Combigan 5ml 2mg/5mg
			Duostrav 2.5ml
			Ganfort 3ml
			Glauptico 3ml
			Ocudor co 5ml
			Optitrin
			Timpromat 3ml
Haemophilia	Analgesics: Paracetamol	Paracetamol	Adco-Napamol bucket 500mg
			Adco-Pro lief 500mg
	Anti-fibrinolytics: Amino acids	Tranexamic acid	Emkapron 500mg
			Fibtin 500mg
	Blood coagulation factors	Coagulation factor IX	Haemosolvex IX 500U
			Octanine F vial 30ml 500U; 1000U
		Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U
			Octanate vial 5ml 250U
			Octanate vial 10ml 500U; 1000U
		Desmopressin	Ddavp nasal spray 5ml 0.1mg/1ml
			Minirin melt 60mcg; 120mcg; 240mcg
Hyperlipidaemia	Lipid modifying agents: Combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg
	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg
			Sandoz Bezafibrate 400mg
	Lipid modifying agents: Statins	Atorvastatin	Aspavor 10mg; 20mg; 40mg
			Dezzolip 10mg; 20mg; 40mg
			Vasmak 10mg; 20mg; 40mg; 80mg
		Simvastatin	Austell-Simvastatin 10mg; 20mg; 40mg
			Choleste 10mg; 20mg; 40mg
			Cipla-Simvastatin 10mg; 20mg; 40mg
			Lipidex 10mg; 20mg
			Roltesim 10mg; 20mg; 40mg
			Simcard 10mg; 20mg
Hypertension	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Amlessa 4/5mg; 4/10mg; 8/5mg; 8/10mg
			Mixanval 5/5mg; 10/5mg; 5/10mg; 10/10mg
			Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg
			Teprilam 5/5mg; 10/5mg; 5/10mg; 10/10mg
	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Trexeva Plus 5/1.25mg
	ACE inhibitors: Plain	Captopril	Mylan Captopril 25mg; 50mg
			Enalapril Arya 5mg; 10mg; 20mg
			Hypace 5mg
		Lisinopril	Natrapress 10mg; 20mg
			Tenezil 10mg; 20mg
		Perindopril	Adco-Zetomax 5mg; 10mg; 20mg
			Lizro 5mg; 10mg; 20mg
	Alpha and Beta blocking agents	Carvedilol	Reprep 4mg; 8mg
			Carloc 6.25mg; 12.5mg; 25mg
			Carvedilol Unicorn 6.25mg; 12.5mg; 25mg

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Hypertension	Alpha and Beta blocking agents	Carvedilol	Rubitrend	6.25mg; 12.5mg; 25mg
	Angiotensin II antagonists: Combinations	Losartan and diuretics	Annin co	50/12.5mg; 100/25mg
			Austell Losartan co	50/12.5mg
			Co-Normoten	50/12.5mg; 100/25mg
			Hylokat	50/12.5mg; 100/25mg
			Losaar Plus	50/12.5mg; 100/25mg
			Sartoc-co	50/12.5mg; 100/25mg
			Zartan co	50/12.5mg; 100/25mg
	Angiotensin II antagonists: Plain	Losartan	Annin	50mg; 100mg
			Austell Losartan	50mg; 100mg
	Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin	Cardugen	1mg; 4mg
			Urodoxa	4mg
	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone	250mg
			Timucen	250mg
	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine	0.25mg
	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara	25mg
			Hyperphen	10mg; 50mg
	Beta blocking agents: Non-selective	Propranolol	Indoblok	40mg
	Beta blocking agents: Selective	Atenolol	Atenolol Arya	50mg; 100mg
			B-Block	50mg; 100mg
			Gulf Atenolol	50mg; 100mg
			Tenopress	50mg; 100mg
		Bisoprolol	Adco-Bisocor	5mg; 10mg
			Biloblok	5mg; 10mg
			Bilocor	5mg; 10mg
			Bislo	5mg; 10mg
			Bisoprolol Unicorn	5mg; 10mg
			Emcor	5mg; 10mg
			Presicard	5mg; 10mg
	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam	1.5/5mg; 1.5/10mg
	High-ceiling diuretics	Furosemide	Defulide	40mg
			Eurobe	40mg
	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Gulf Hydrochlorothiazide	25mg
			Hexazide	25mg
			Ridaq	12.5mg
	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax	2.5mg
			Cipla-Indapamide	2.5mg
			Dapril	2.5mg
			Mylan Indapamide	2.5mg
	Potassium sparing agents	Spironolactone	Aldactone	25mg
			Spiractin	25mg
			Spironolactone 25mg Accord	25mg
			Spironolactone 25 Kiara	25mg
	Potassium supplements	Potassium chloride	Plenish-K SR	600mg
			Ultipot	600mg
	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR	180mg; 240mg
		Verapamil	Verahexal 240 SR	240mg
			Verapamil 40 Oethamaan	40mg

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Hypertension	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc	5mg; 10mg
			Amlodac	5mg; 10mg
			Amlodipine Unicorn	5mg; 10mg
			Amtas	5mg; 10mg
			Aprate	5mg; 10mg
			Astell-Amlodipine	5mg; 10mg
			Ciplavasc	5mg; 10mg
			Gulf Amlodipine	5mg; 10mg
			Pendine	5mg; 10mg
			Vasloc	5mg; 10mg
Hypothyroidism	Thyroid hormones	Levothyroxine sodium	Nifedipine	Cipalat Retard 20mg
			Euthyrox	25mcg; 50mcg; 75mcg; 100mcg
			Roidace	25mcg; 50mcg; 75mcg; 100mcg
Multiple sclerosis	Anti-depressants: Tricyclics	Amitriptyline	Amdrip	10mg; 25mg
			Amitriptyline 10mg Austell	10mg
			Amitriptyline HCl Kiara	25mg
			Gulf Amitriptyline	25mg
			Trepiline	10mg
	Drugs for urinary frequency and incontinence	Oxybutynin	Veikirin	10mg; 25mg
			Lenditro	5mg
			Mylan Oxybutynin	5mg
	Interferons	Interferon Beta-1A	Oxyrest	5mg
			Rebif 22 pre-filled syringe 0.5ml	22mcg/0.5ml
			Rebif 22 rebidose pre-filled pen 0.5ml	22mcg/0.5ml
			Rebif 44 pre-filled syringe 0.5ml	44mcg/0.5ml
			Rebif 44 rebidose pre-filled pen 0.5ml	44mcg/0.5ml
Parkinson's disease	Muscle relaxants: Other centrally acting agents	Baclofen	Interferon Beta-1B	Betaferon pre-filled syringe 1ml 9600000U/1ml
			Teva Baclofen	10mg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone	5mg
			Panafcort	5mg
			Trolie	5mg
	Anticholinergic agents: Tertiary amines	Biperiden	Akineton	2mg
			Oxpolo	0.125mg; 0.25mg
			Pexasp	0.125mg; 0.25mg; 1mg
			Amantadine	Symadin 100mg
			Rasagiline	Azilect 1mg Kinect 1mg Rasapar 1mg Razeda 1mg
Rheumatoid arthritis	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg Teva Carbi-Levo 25/100mg; 25/250mg
			Diclofenac	A-Lennon Diclofenac 50mg Diclofenac Biotech 25mg Diclofenac 50mg Clicks 50mg Mylan Diclofenac 25mg; 50mg Panamor AT 50mg
			Indomethacin	Betacin 25mg Gulf Indomethacin 25mg Methocaps 25mg
			Meloxicam	Adco-Meloxicam 15mg Coxflam 7.5mg Flexocam 7.5mg

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Rheumatoid arthritis	Anti-inflammatory agents: Oxicams	Piroxicam	Pyrocaps 20mg Roxifen 20mg
	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg Bren 400mg Ibucine 200mg; 400mg
			Ibunate 200mg Ibusor 200mg
		Naproxen	Napinflam 250mg Naproscript 250mg
	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg Gulf Folic acid 5mg
			Sulfasalazine 500mg Salazopyrin EN 500mg
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg Azathioprine PCH 50mg
			Methotrexate 2.5mg Methotrexate 2.5mg
	Selective immunosuppressive agents: Leflunomide	Leflunomide	Lunar 20mg Ravalef 10mg; 20mg Rheumalef 10mg; 20mg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg Panafcort 5mg Trolic 5mg
Schizophrenia	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg Citalopram 20 Oethmaan 20mg Depramil 20mg Tamomilt 20mg
			Escitalopram 10mg; 20mg Dolin 10mg; 20mg Emerdyne 10mg; 20mg Esetam 10mg; 20mg Zyescito 10mg; 20mg
			Fluoxetine 20 Oethmaan 20mg Zydus Fluoxetine 20mg
			Sertraline 50mg; 100mg Tralidep 50mg; 100mg
	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg Partid 200mg Tegretol CR 200mg; 400mg Zeptol 200mg
			Valproic acid 150mg; 300mg Convulex syrup 250mg/5ml Epilim crushable 100mg Eprole CR 200mg; 300mg; 500mg Navalpro CR 200mg; 300mg; 500mg Navalpro liquid 200mg/5ml Rubilim CR 200mg; 300mg; 500mg Valeptic CR 300mg; 500mg
			Lamotrigine Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg Epitec 25mg; 50mg; 100mg; 200mg

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Schizophrenia	Anti-epileptics: Other agents	Lamotrigine	Lamitor 25mg; 50mg; 100mg; 200mg
			Lamorola 25mg; 50mg; 100mg; 200mg
			Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
			Serinem 25mg; 50mg; 100mg; 200mg
	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
			Clozapine Oethmaan 25mg; 100mg
	Anti-psychotics: Clozapine	Clozapine	
	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg
	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
			Nezolap 5mg; 10mg
			Olandus 5mg; 10mg
			Olexar 5mg; 10mg
			Zolanz 5mg; 10mg
	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg
	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
			Dopaque 25mg; 100mg; 200mg; 300mg
			Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
			Quesara 25mg; 100mg; 200mg; 300mg
			Quetz 25mg; 100mg; 200mg; 300mg
			Torquit 25mg; 100mg; 200mg; 300mg
			Zimbiquet 25mg; 100mg; 200mg; 300mg
	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
			Fluanxol depot 1ml 20mg
		Zuclopentixol	Clopixol 2mg; 10mg
			Clopixol depot 200mg
	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
	Other anti-psychotics: Risperidone	Risperidone	Alebon 5mg; 10mg; 15mg
			Aprizor 5mg; 10mg; 15mg
			Arizofy 5mg; 10mg; 15mg
			Priptrin 10mg; 15mg
			Radzil 5mg; 10mg; 15mg
			Thryve 5mg; 10mg
			Risnia 0.5mg; 1mg; 2mg; 3mg
			Rispacor 0.5mg; 1mg; 2mg; 3mg
			Rispide 0.5mg; 1mg; 2mg
			Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg
			Zoxadon ODT 0.5mg; 1mg; 2mg
Systemic lupus erythematosus (SLE)	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	A-Lennon Diclofenac 50mg
			Diclofenac Biotech 25mg
			Diclofenac 50mg Clicks 50mg
			Mylan Diclofenac 25mg; 50mg
			Panamor AT 50mg
	Indomethacin	Indomethacin	Betacin 25mg
			Gulf Indomethacin 25mg
			Methocaps 25mg
	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
			Coxflam 7.5mg
			Flexocam 7.5mg
		Piroxicam	Pyrocaps 20mg
			Roxifen 20mg

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength
Systemic lupus erythematosus (SLE)	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
			Bren 400mg
			Ibucine 200mg; 400mg
			Ibunate 200mg
			Ibusor 200mg
		Naproxen	Napinflam 250mg
			Naproscript 250mg
	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
			Segavin 5mg
			Warfarin 5mg Austell 5mg
			Warfarin 5 Unicorn 5mg
	Aspirin: Cardiovascular	Acetylsalicylic acid	Coprin 100mg
			Trinprin 100mg
	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp
	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
			Gulf Folic acid 5mg
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
			Azathioprine PCH 50mg
	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
			Methotrexate 2.5mg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolie 5mg
	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%
			Topivate cream 0.1%
Ulcerative colitis	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
			Gulf Folic acid 5mg
	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
			Pentasa 500mg
		Sulfasalazine	Salazopyrin 500mg
			Salazopyrin EN 500mg
	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
			Azathioprine PCH 50mg
	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
			Methotrexate 2.5mg
	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
			Panafcort 5mg
			Trolie 5mg

The Chronic Disease List (CDL) Enhanced medicine list (formulary) for the Essential and Basic Plans

Chronic Disease List condition	Medication class	Active ingredient	Medication name and strength	
Asthma	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160	
	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg	
Chronic obstructive pulmonary disease (COPD)	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose	12mcg/dose
	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose	160/4.5mcg
	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose	100/5mcg; 200/5mcg
	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)	
	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)	
Chronic renal disease	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Tiotor 30 inh capsules with zelphir inhaler	
	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Sereflo HFA 120 dose	25/50mcg
			Sereflo HFA synchrobreathe 120 dose	25/50mcg
Coronary artery disease	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml	20mcg/1ml
			Heberbio hbv sgl dose 1ml adult	20mcg/1ml
Multiple sclerosis	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Aviolix	75mg
			Cloexa	75mg
			Pharma Dynamics Clopidogrel	75mg
			Plagrol	75mg
	Cytokines and immunomodulators - Other	Glatiramer Acetate	Copaxone pre-filled syringe 1ml	20mg/1ml
	Selective immunosuppressive agents: Fingolimod	Fingolimod	Copaxone pre-filled pen 1ml	40mg/1ml
			Filengia	0.5mg
	Selective immunosuppressive agents: Teriflunomide	Teriflunomide	Glomatin	0.5mg
			Aubamide	14mg
			Teriflunomide Adco	14mg
			Teriflunomide 14 Teva	14mg

Vaccines

Members approved for Cardiac failure or Cardiomyopathy are eligible for lifetime cover for one dose of the Pneumococcal Conjugate Vaccine (PCV13), and one dose of the Pneumococcal Polysaccharide Vaccine (PPSV23), with the doses claimed at least one year apart.

Additionally, members approved for Cardiac failure, Cardiomyopathy, or COPD will have access to one flu vaccine each year.

Chronic Disease List condition	Medication class	Active ingredient	Frequency
Cardiac failure Cardiomyopathy Chronic obstructive pulmonary disease (COPD)	Influenza vaccines	Influenza, purifies antigen	Each year
Cardiac failure Cardiomyopathy	Pneumococcal vaccines	Pneumococcal Polysaccharide Vaccine (PPSV23) Pneumococcal Conjugate Vaccine (PCV13),	Once in a lifetime Once in a lifetime



The Additional Disease List (ADL) medicine list (formulary) for the Basic Plan

Additional Disease List condition	Medication class	Active ingredient	Medication name and strength	
Major depression	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg	
			Citalopram 20 Oethmaan 20mg	
			Depramil 20mg	
			Tamomilt 20mg	
		Escitalopram	Accord Escitalopram 10mg; 20mg	
			Dolin 10mg; 20mg	
			Emedyne 10mg; 20mg	
			Esetam 10mg; 20mg	
		Fluoxetine	Zyescito 10mg; 20mg	
			Fluoxetine 20 Oethmaan 20mg	
Major depression	Anti-depressants: Tricyclics	Paroxetine	Zydus Fluoxetine 20mg	
			Adco-Paroxetine 20mg	
			Aryaxel 20mg	
			Austell-Paroxetine 20mg	
			Lenio 20mg	
			Paroxetine Unicorn 20mg	
		Sertraline	Serrapress 20mg	
			Xet 20mg	
			Dyna Sertraline 50mg; 100mg	
			Tralidep 50mg; 100mg	
Other anti-depressants: SNRI's	Other anti-depressants: SNRI's	Amitriptyline	Amdrip 10mg; 25mg	
			Amitriptyline 10mg Austell 10mg	
			Gulf Amitriptyline 25mg	
			Sandoz Amitriptyline 25mg	
			Trepiline 10mg	
			Veikirin 10mg; 25mg	
		Duloxetine	Calmadep DR 30mg; 60mg	
			Deotin 30mg; 60mg	
			Duzela 30mg; 60mg	
		Venlafaxine	Odiven 37.5mg; 75mg	
Anti-epileptics: Carboxamide derivatives	Anti-epileptics: Carboxamide derivatives		Venlafaxine Adco 37.5mg; 75mg; 150mg	
			Venor XR 37.5mg; 75mg; 150mg	
			Vexalin XR 75mg; 150mg	
	Carbamazepine	Degranol 200mg		
		Partid 200mg		
		Tegretol CR 200mg; 400mg		
		Zeptol 200mg		
Anti-epileptics: Fatty acid derivatives	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg	
			Convulex syrup 250mg/5ml	
			Epilim crushable 100mg	
			Eprole CR 200mg; 300mg; 500mg	
			Navalpro CR 200mg; 300mg; 500mg	
			Navalpro liquid 200mg/5ml	
			Rubilim CR 200mg; 300mg; 500mg	
			Valeptic CR 300mg; 500mg	
Anti-epileptics: Other agents	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg	
			Epitec 25mg; 50mg; 100mg; 200mg	
			Lamitor 25mg; 50mg; 100mg; 200mg	
			Lamorola 25mg; 50mg; 100mg; 200mg	
			Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg	
			Serinem 25mg; 50mg; 100mg; 200mg	
Anti-psychotics: Olanzapine	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg	
			Nezolap 5mg; 10mg	

Additional Disease List condition	Medication class	Active ingredient	Medication name and strength	
Major depression	Anti-psychotics: Olanzapine	Olanzapine	Olandus	5mg; 10mg
			Olexar	5mg; 10mg
			Zolanz	5mg; 10mg
	Anti-psychotics: Quetiapine	Quetiapine	Aroquet	25mg; 100mg; 200mg; 300mg
			DopaqueL	25mg; 100mg; 200mg; 300mg
			Mylan Quetiapine	25mg; 100mg; 200mg; 300mg
			Quesara	25mg; 100mg; 200mg; 300mg
			Quetz	25mg; 100mg; 200mg; 300mg
			Torquit	25mg; 100mg; 200mg; 300mg
			Zimbiquet	25mg; 100mg; 200mg; 300mg
	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol	0.5mg; 1mg
			Fluanxol depot 1ml	20mg
	Other anti-psychotics: Risperidone	Risperidone	Risnia	0.5mg; 1mg; 2mg; 3mg
			Rispacor	0.5mg; 1mg; 2mg; 3mg
			Rispide	0.5mg; 1mg; 2mg
			Zoxadon	0.5mg; 1mg; 2mg; 3mg; 4mg
			Zoxadon ODT	0.5mg; 1mg; 2mg

Complaints process

You can lodge a complaint or query with Bankmed Medical Scheme directly on 0800 BANKMED (0800 226 5633) or address a complaint in writing directly to the Principal Officer. Should your complaint remain unresolved, you can lodge a formal dispute by following Bankmed Medical Scheme's internal disputes process. Click [here](#) to access the complaints and escalations process.

Members who wish to approach the Council for Medical Schemes for assistance, can do so in writing to: Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 or via e-mail at complaints@medicalschemes.co.za. Customer Care Centre: 0861 123 267/website www.medicalschemes.co.za

